Job Description

NIHR Academic Clinical Fellowship

Gastroenterology ST1 entry (1 post)

Hull York Medical School, in partnership with NHS England North-East and Yorkshire, has developed an exciting pathway of academic clinical training opportunities.

Applications are now invited for an NIHR Academic Clinical Fellowship in **Gastroenterology at ST1** level. This post is in the NIHR Priority theme Mental Health, is funded and approved by the National Institute for Health Research and offers candidates a comprehensive experience of clinical academic medicine working alongside renowned clinicians and researchers.

We are seeking highly motivated, enthusiastic individuals with the potential to excel in both their clinical and academic training and who have the ambition to be the next generation of academic clinicians.

This Academic Clinical Fellowship (ACF) programme in Gastroenterology will be run by Hull York Medical School (HYMS) in conjunction with the Yorkshire and Humber Deanery.

Academic Clinical Fellowships (ACFs) are 3 year fixed-term national training posts. They attract an NTN(A) and trainees undertake 75% clinical and 25% academic training over the term of the post. They are employed by the NHS Trust and have an honorary contract with the University at whose Medical School their academic research is supported.

ACF trainees also undertake a Research Training Programme provided by the University for which funding is provided by NIHR. They also are eligible for a £1,000 bursary per year to support research training activity (e.g. to attend academic conferences).

ACF trainees would also normally complete and submit an external funding application for a research fellowship to enable them to complete a higher degree (PhD or research MD) following the completion of their ACF fixed-term post, which would be completed as Out-of-Programme-Research (OOPR).

All Academic Clinical Fellowships are run-through posts, regardless of specialty, with the exception of ‘Medical Education’ ACFs. A trainee entering ACF at ST1 in a specialty with a Core Training period would therefore be guaranteed continued training to CCT in the eventual specialty, as long as they progress satisfactorily through both their academic and clinical training. Run-through status is withdrawn if ACFs do not complete the academic component.

POST DETAILS

Job Title

NIHR Academic Clinical Fellow (ACF) – Gastroenterology

Duration of the Post

Up to 3 years (25% academic, 75% clinical).

Lead NHS Hospital/Trust in which training will take place

The Hull and East Yorkshire Hospitals NHS Trust Gastroenterology ACF will be based at the Allam Digestive Diseases Centre at Castle Hill Hospital, Hull, part of Hull University Teaching Hospitals NHS Trust (but see rotation details below).

Research institution in which training will take place

The Gastroenterology ACF will be based at the Centre for Addiction and Mental Health Research (CAMHR), Allam Medical Building, University of Hull, and the Allam Digestive Diseases Centre, The Daisy Building, Castle Hill Hospital, Hull, working with Dr Lynsey Corless, Professor Judith Cohen, and Professor Thomas Phillips.

Research Protected Time:

ACFs have day release training to attend and can also complete either an MSc by research, or relevant modules to extend their training (if they already have an MSc), at Hull York Medical School. The protected research period (25% time) is used to obtain specific experience and knowledge in the research area of interest, obtain pilot data, with the expectation of applying for an external research fellowship.

Academic Clinical Fellowship Training Programme: Research Component

A mutually agreeable timetable for research time will be drawn up to meet specific clinical and research goals set by the candidate and the academic/clinical supervisors. The research component of the post is negotiable: for some projects a dedicated block of research might be more appropriate, and for others, shorter, more frequent periods of research might be more appropriate.

The successful applicant will develop a research project under the supervision of Dr Lynsey Corless, Professor Cohen and Professor Phillips, focussed on improving care for people with Alcohol Use Disorder (AUD). AUD affects 1 in 10 people admitted to hospitals and is a major contributor to alcohol-related liver disease and other Gastroenterology conditions. Research will be undertaken in Centre for Addiction and Mental Health Research (CAMHR), the wider University, and at Hull University Teaching Hospitals, which has one of the highest rates of alcohol-related admissions in the UK.

The research project will relate to Alcohol Use Disorder but will reflect the interests of the successful ACF. Potential areas of focus include how in-hospital AUD prescribing practices

relate to community engagement and identifying hospital interventions to optimally support effective care post-discharge. The fellowship will be expected to culminate in a study proposal testing the impact of an optimised hospital-to-community alcohol care pathway on clinical outcomes and hospital readmissions.

Full training in research methods and good clinical practice will be provided, and the ACF will have regular meetings with the academic supervisor. If the ACF also registers for a MSc by research, they will have a Thesis Advisory Panel (TAP), which usually comprises their supervisor and two other members of academic staff. The TAP provides academic support and external review of progress for the student. On appointment, in conjunction with their supervisor, the ACF will complete a Training Needs Analysis (TNA) and be able to access modules from the HYMS Post Graduate Training Selection list both to support their research project and academic development. There will also be access to the University early career support programme (THRIVE), and seminar programme. CAMHR has dedicated space where postdoctoral researchers work alongside trainees, research assistants, doctoral students and PPIE coordinators to create a stimulating, supportive environment, providing opportunities to work alongside academics across our teams and collaborators, methodologists and students.

The supervisors are all investigators supporting CAMHR, established at the University following successful award of an £11 million NIHR Mental Health Research Group Development submission, led by Professors Phillips and Cohen. Professor Phillips has a 25-year clinical academic career in addiction and mental health and works alongside Dr Corless supporting the establishment of new alcohol services across Hull hospitals and in the community. The CAMHR portfolio of research is focussed on meeting the needs of people with substance use-related and mental health presentations. Dr. Corless and colleagues from CAMHR and HUTH have led and published multiple service-focussed projects examining these as they pertain to AUD as a co-factor in alcohol-related liver disease.

CAMHR has a diverse team with strong track record in addictions and mental health research, research design and delivery, including partners and collaborators from the University of York and Kings College London. All three supervisors are recipients of competitive grant funding from NIHR and others in the fields of Alcohol Use Disorder and Liver Disease.

We anticipate the successful exit point for ACF trainees will be the award of an externally funded clinical research training fellowship to pursue a PhD or MD, prior to re-joining the academic career path as a Clinical Lecturer.

Academic Clinical Fellowship Training Programme: Clinical Component

A successful candidate entering at ST1 level will undertake core medical training via the established Internal Medicine Training (IMT) programme based at Hull Teaching Hospitals. Clinical placements will be located in Hull or elsewhere in the deanery area, including York, Scarborough, Scunthorpe and Grimsby. Trainees rotate every 4 months through a variety of specialties, one of which will be Gastroenterology. On-call commitments will be in accordance with the IMT training programme. HUTH has a large cohort of resident doctors at all training levels, and clinical training is well-supported by a strong programme of both clinical and educational supervision, alongside generic and specialty-specific educational and training events arranged by the Deanery, Trust and individual departments.

Hull is a regional tertiary referral centre for Gastroenterology and treats patients from across East Yorkshire and Northern Lincolnshire. The department is the regional centre for complex hepatology, inflammatory bowel disease and nutrition, and runs the largest endoscopy

training school (EYSE) in England. We have 17 Consultants and 10 Gastroenterology doctors working at registrar-level in the department, comprising Deanery Specialty Registrars, IMT3 and Specialty Doctors. The department is welcoming and supportive and will be able to provide opportunities for clinical audit and professional development during the IMT programme.

CONTACTS

Academic Leads and Supervisors:

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Clinical Training Programme Director (IMT, Yorkshire & Humber Deanery):

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Academic Training Programme Director

Professor Bob Phillips
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Further Information

Because of the nature of the work for which you are applying, this post is exempted from the provisions of Section 4 (2) of the Rehabilitation of Offenders Act 1974 by virtue of the Rehabilitation of Offenders Act 1974 (Exceptions) Order 1975.

Applicants are therefore, not entitled to withhold information about convictions, which for other purposes are “spent” under the provisions of the Act, and in the event of employment any failure to disclose such convictions could result in dismissal or disciplinary action by the University. Any information given will be strictly confidential and will be considered only in relation to an application for positions to which the Order applies.

For further information about the Academic Clinical Fellowship programme, please refer to the NIHR (National Institute for Health Research) Academic Clinical Fellowship | NIHR

Person Specifications

Person Specifications 2026 | Medical Hub

How to Apply

For more information about applying to ACF vacancies in NHS England North-East and Yorkshire please visit:

http://www.yorksandhumberdeanery.nhs.uk/recruitment/our_vacancies/academic_recruitment/

Applications will only be accepted through the Oriel online application system:-

https://www.oriel.nhs.uk

Applications open:	Thursday 1st October 2026 at 10.00 am
Applications close:	Thursday 29th October 2026 at 4.00 pm

After the application deadline no applications will be accepted. **There will be no exceptions to this deadline.** You are advised to complete and submit your application ahead of the deadline to allow for any unforeseen problems.

Interviews will be held at via MS Teams from 30th November to 9th December 2026.

Appendix 1: Further particulars – Hull York Medical School

The Hull York Medical School (HYMS) is a collaboration between the Universities of Hull and York and the NHS. HYMS operates from both University campuses and within teaching hospitals and medical practices throughout the Yorkshire and Humber region. Having recently celebrated its 20th anniversary, HYMS has a growing reputation for its teaching and research.

HYMS has a strong reputation as an undergraduate medical school. Our innovative curriculum includes an enquiry-based approach to learning, early clinical experience, balanced teaching across all health sectors and a wide range of student selected learning opportunities. Our graduates are recognised as being very capable Foundation Doctors, many of whom have stayed locally to help develop health care services in this area.

The quality and impact on health and patient care of research carried out in the Hull York Medical School (HYMS) was recognised by the University of York's ranking as 7th in the country for Public Health, Health Services and Primary Care in the national Research Excellence Framework 2014. HYMS researchers were also part of York's top-10 rated submissions in Biology and Psychology. Across the whole of HYMS, a partnership between the Universities of Hull and York, over 85% of research was assessed as world leading or internationally excellent.

Within the Universities, research development in HYMS has been based on a distributed model, in which academic staff may have a research base in a cognate academic department of the University of Hull and/or York, providing scientific integration, critical mass and technology platforms with which to work. In relation to clinically orientated research there is a Clinical Research Facility (the Daisy Building) in Hull at Castle Hill Hospital and an Experimental Medicine Unit at York Hospital, to facilitate translational research. HYMS also plays a role in establishing and facilitating research networking between NHS partners in the region through topic based regional meetings.

The area covered by the HYMS NHS partnership comprises Hull and the East Riding of Yorkshire, York and North Yorkshire, and Northern Lincolnshire, which together have a population of around 1.8 million. 17 NHS organisations make up the HYMS NHS partnership, within which there are over 600 consultants and 900 general practitioners. Encompassing both rural and urban populations, the region contains a variety of environments in which health services are delivered. There are areas of considerable deprivation, not only in urban centres, but also in patches across the rural hinterlands. Heart disease and lung cancer are severe problems in Hull. Measures of overall health in North Lincolnshire are poorer than the country as a whole. However, in most of the region, rates for infant mortality and most disease-specific death are well below national averages, the prevalence of smoking and drug use are low, and the uptake of screening is high in many areas.

East Yorkshire with its homogenous and stable population of 600,000 is an ideal centre for prospective observational and interventional clinical research: the central urban area of Kingston upon Hull has a population of 350,000. The NHS clinical facilities are well developed and virtually comprehensive across the medical and surgical disciplines; only certain transplantation and cardiac neonatal surgical procedures require distant referral. Hence there exists a wealth of clinical material available for approved educational and research purposes.