Yorkshire and the Humber Foundation School
Bridging The Gap Training Day Course List
Academic Year 2026-27

Contents Page			
Dates	**Course Title**	**Course Location**	**Number of Places**
21/09/2026 AM 22/10/2026 PM	Jump into GP	Virtual Session	No Limit
24/09/2026 06/10/2026	Introduction to Emergency Medicine	Simulation Centre, Field House, Bradford Royal Infirmary	Fully Booked
06/10/2026 10/11/2026	Surviving Major Surgery	York Hospital	Fully Booked
19/10/2026 20/01/2027	Palliative Medicine for Resident Doctors	Leeds Clinical Practice Centre, St James Hospital	Fully Booked
10/11/2026 AM 10/11/2026 PM	Yorkshire Foundation to Anaesthesia	St James Clinical Practice Centre	Fully Booked
18/12/2026 AM 18/12/26 PM	Yorkshire Foundation to Anaesthesia	Hull Institute of learning and simulation	Fully Booked
20/01/2027	Surgical Skills	Medical Education Centre, Barnsley	Fully Booked
11/01/2027 AM 11/01/2027 PM	Introduction to Surgical Laparoscopic Skills	Scarborough Postgraduate Centre	6
05/11/2026	Essentials of Pain Management	Medical Education Centre	Fully Booked
02/10/2026 08/04/2027 13/05/2027	The Multi-Surgical Speciality Wet Lab Course	New Suture Centre, Learning and Innovation Centre, Castle Hill Hospital, Hull	2/10/26 FULLY BOOKED 16 for 8/4/27 & 13/05/27
21/01/2027	Managing ENT Emergencies	Suture Centre at Castle Hill Hospital, Cottingham	20
22/01/2027 19/03/2027 30/04/2027	It Could Only Happen To a Doctor	Virtual Session	No Limit
02/02/2027	Radiology Day	Medical Education Centre, Barnsley Hospital	Fully Booked
04/02/2027 07/05/2027	Surgical Skills	Suture Centre at Castle Hill Hospital, Cottingham	20
08/02/2027	Basic Principles in Trauma & Orthopaedics Course	Medical Education Centre, Barnsley	Fully Booked
25/03/2027 (AM) 06/04/2027 (AM) 20/04/2027 (PM) 23/04/2027 (AM)	Chest Drain	Suture Centre at Castle Hill Hospital, Cottingham	Fully Booked all dates

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Day 1 27/04/2027 Day 2 18/02/2027 Day 3 19/05/2027	Yorkshire and Humber Generalist School (Enhance)	Virtual Session	30
08/03/2027	Clinical Skills & Interventions (CSI) Course	The Medical Education Centre, Barnsley Hospital NHS Trust	24
08/03/2027 11/05/2027	POCUS (Point of Care Ultrasound)	Doncaster Royal Infirmary, Education centre	15-20

SPECIALTY

Jump into GP

Dates Available:	**21/09/2026 09.30-12.30** **22/10/2026 15:00-18:00**
Venue:	Virtual
Course Facilitator:	Dr Lucie Brittain / Dr Bruno Rushforth
How to book a place:	Please email: b.rushforth@nhs.net to secure a place.
Number of places available:	No limit
Curriculum Objectives:	Find out more about: • GP training application process • What it's like to be a GP trainee • Opportunities within the Yorkshire and Humber GP training schemes to enhance your training experience • Career options in GP • Interactive session with lots of Q&A

Course Outline Course Outline:	
Registration	
Why GP & the application process	GP Tutor, Careers & Recruitment, Y&H LETB
Structure & Organisation of GP training	GP Tutor, Careers & Recruitment, Y&H LETB
Q+A	
Coffee/Energiser!	
What it is like to be a trainee, Q+A	Leadership Fellow
Scenarios for selection centre	All
Feedback, Q&A, close	

SPECIALTY

Introduction to Emergency Medicine

Dates Available:	**24/09/2026** **06/10/2026** **Two separate full day courses**
Venue:	Simulation Centre, Field House, Bradford Royal Infirmary
Course Facilitator:	Jemma White/Eleanor Clegg- Emergency Medicine Consultants
How to book a place:	Simulation.administration@bthft.nhs.uk
Number of places available:	10
Curriculum Objectives	• Assessment and management of patients with life-threatening conditions. • Practical procedures: needle thoracentesis, cardioversion, intraosseous access, FAST (USS) scanning, procedural sedation. • Increase awareness of human factors and patient safety. • Describe the transition from Foundation Trainee to Specialty Trainee to Consultant

SPECIALTY

Surviving Major Surgery

Dates Available:	**06/10/2026** **10/11/2026**
Venue:	York Hospital
Course Facilitator:	Dr James Wright
How to book a place:	clair.taylor1@nhs.net
Number of places available:	20
Curriculum Objectives	After attending this study day you should understand: • How we assess and stratify risk for patients undergoing major surgery • The principles of cardiopulmonary exercise testing • The perioperative challenges in subspecialty anaesthesia • The importance of excellent postoperative care Curriculum: 6.1 & 6.2 Maintaining Good Medical Practice Curriculum: 7: Good Clinical Care Curriculum: 8: Recognition & Management of the Critically Ill Patient
Course Outline Course Outline	

09:30	**Welcome and overview**
09:45—10:20	Session 1: An introduction to Perioperative Medicine
10:20—10:40	Coffee Break
10:40—11:10	Session 2: Assessing Patients for Major Surgery
11:10—11:40	Session 2: Intraoperative Management
11:40—12:10	Session 2: Introduction to Critical Care
12:10—13:00	Lunch break
13:00—13:30	Session 3: Analgesia and Pain
13:30—14:10	Session 3: Ultrasound in anaesthesia
14:10—14:30	Coffee Break
14:30—16:30	Session 4: 2 x 45 minute sessions, with half group, switching midway. Cardio- pulmonary Experience Testing Demonstration & Anaesthetic Simulation
16:30	Evaluation and close

SPECIALTY

Palliative Medicine for Juniors

Dates Available:	**19/10/2026** **20/01/2027**
Venue:	Leeds Clinical Practice Centre, St James's University Hospital
Course Facilitator:	Alexander Sharp
How to book a place:	alexander.sharp1@nhs.net
Number of places available:	20
Curriculum Objectives	• Explore benefits and opportunities of a career in palliative medicine • Gain insight into life as a palliative medicine trainee • Understand the integration of dual training in palliative and general medicine • Improve confidence managing palliative care emergencies using a case-led approach • Tips for handling 'difficult conversations' • Develop your ReSPECT forms beyond a typical 'for CPR or not for CPR'
Course Outline Course Outline	

09:00—09:50	Session 1: Why choose palliative medicine/ The life of a palliative medicine trainee Why choose palliative medicine? An insight into the training programme Dual training in palliative and general medicine
09:50—10:40	Session 2: Managing palliative care emergencies Interactive case-based approach to managing common palliative care emergencies you may expect to encounter within FY2 and beyond
10:40—11:00	Break
11:00—11:50	Session 3: ReSPECT – making your discussion and form more meaningful Starting a ReSPECT conversation Helpful tips for expanding your conversation beyond 'CPR or not for CPR' How to really make your ReSPECT form count
11:50—12:15	Summary and Q&A session Tips on how to build a strong application for ST4 Summary of the morning
Opportunity for questions	

SKILLS

Essentials of Pain Management

Dates Available:	**05/11/2026**
Venue:	Medical Education Centre, Hull Royal Infirmary
Course Facilitator:	Dr Mohammed Ebeid / Dr Nirmala Soundararajan
How to book a place:	Email Hyp-tr.foundation.year2@nhs.net
Number of places available:	24
Curriculum Objectives	By the end of the course, you will be able to: • Identify the red flags in patients presenting with acute pain • Describe multi-modal analgesia and the safety considerations for opioid prescriptions • Practise trouble-shooting problems with advanced pain interventions (IV PCA, Epidurals, and nerve block catheters) • Explain your role in opioid stewardship • Describe the role of regional anaesthetic techniques in the management of acute pain.
Course Outline	The day will consist of a mixture of lectures and hands-on workshops split between 3 faculty members. The aim of the course is to provide delegates with the relevant information and hands-on experience to manage acute pain on the surgical, medical and trauma wards. • Emergencies presenting with acute pain (chest pain, headache, backache, abdominal pain, limb pain) • Pain management modalities • Workshop: Advanced Pain relief interventions • Break • Opioid prescriptions (and conversion/equivalence) • Lunch • Managing pain in opioid tolerant patients (to include opioid stewardship, opioid reduction clinics and psychology input) • Break • Regional anaesthesia techniques for pain management (focus on SAP, ESP, and fascia ili- ac blocks)

SPECIALTY

Yorkshire Foundation to Anaesthesia

Dates Available:	**10/11/2026 AM** **10/11/2026 PM**
Venue:	St James Clinical Practice Centre
Course Facilitator:	Rasmus Knudsen & Maya Shah
How to book a place:	rasmus.knudsen@nhs.net
Number of places available:	18 per session
Curriculum Objectives	• To provide an insight into a career in anaesthesia and intensive care medicine. • To further finesse key skills that foundation doctors should be looking to develop and master within the field of acute and emergency care. • Provide networking opportunities and anaesthetic application information.
Course Outline Course Outline	Intro talks Introduction to Day Day in a life of a trainee anaesthetist Training pathway and applications Skills sessions (rotating around, 45 mins per station): Station 1 – AIRWAY – ventilation, equipment, iGel, intubation, advanced tips and tricks Station 2 – ACCESS – ultrasound guided cannulation and arterial blood gas. How to master Station 3 – NEURAXIAL – lumbar puncture / spinal. Consent, positioning, technique Coffee break/refreshments Close – Final Q&As and networking opportunity

SPECIALTY

Yorkshire Foundation to Anaesthesia

Dates Available:	**18/12/2026 AM** **18/12/2026 PM**
Venue:	Hull Institute of learning & simulation (HILS)
Course Facilitator:	Adrienn Gyori & Maya Shah
How to book a place:	rasmus.knudsen@nhs.net
Number of places available:	18 per session
Curriculum Objectives	• To provide an insight into a career in anaesthesia and intensive care medicine. • To further finesse key skills that foundation doctors should be looking to develop and master within the field of acute and emergency care. • Provide networking opportunities and anaesthetic application information.
Course Outline Course Outline	Intro talks Introduction to Day Day in a life of a trainee anaesthetist Training pathway and applications Skills sessions (rotating around, 45 mins per station): Station 1 – AIRWAY – ventilation, equipment, iGel, intubation, advanced tips and tricks Station 2 – ACCESS – ultrasound guided cannulation and arterial blood gas. How to master Station 3 – NEURAXIAL – lumbar puncture / spinal. Consent, positioning, technique Coffee break/refreshments Close – Final Q&As and networking opportunity

SKILLS

Surgical Skills

Dates Available:	**20/01/2027**
Venue:	Medical Education Centre, Barnsley Hospital
Course Facilitator:	Mr Simon Mbarushimana
How to book a place:	bdg-tr.foundationteam@nhs.net
Number of places available:	16
Curriculum Objectives	The aim of the course is to offer: • The opportunity to gain basic surgical skills • An introduction to instruments and safe handling • Suturing and knot tying techniques • Basic laparoscopic skills
Course Outline	• Registration • Introduction to surgery • Suture types/characteristics discussion & suturing techniques • Tools to hold tissues together • Basic laparoscopic skills • Feedback and closure

SKILLS

Management of ENT Emergencies

Dates Available:	**21/01/2027**
Venue:	Suture Centre at Castle Hill Hospital, Cottingham
Course Facilitator:	Dr Tariq Khan
How to book a place:	Email Hyp-tr.foundation.year2@nhs.net
Number of places available:	20
Curriculum Objectives	• Teach the management strategies to deal with common ENT presentation in Acute and ward settings. • Familiarize the young doctors with hands on training on the manikin. • Give them virtual clinical scenarios to understand varying situations.
Course Outline	• Introduction • Power point presentation of different topics. • BREAK • Delegates will be divided in the groups for hands on practice. • Q&A

SKILLS

It Could Only Happen to a Doctor

Dates Available:	**22/01/2027** **19/03/2027** **30/04/2027**
Venue:	Virtual
Course Facilitator:	Taryn Lloyd-Payne
How to book a place:	Email Hyp-tr.foundation.year2@nhs.net
Number of places available:	No limit
Curriculum Objectives	Much better understanding of the law and GMC guidance of various aspects of ethics • Session on public interest disclosure and confidentiality will improve practice • Greater awareness of ethical issues in my own practice, more interested to do my own re- search on the topic • More aware and alert of the GMC guidance and pitfalls, mindful when a similar scenarios may arise • Now have better understanding of the law and standards of decision-making • Put in practice a lot of information throughout • Becoming more familiar with legal issues regarding difficult situations • More aware with up to date legal and ethical guidance • DNACPR conversations and documentation • Aware of confidentiality issues • I feel better prepared to tackle ethical issues at work
Course Outline	• Refresh on and reinforce GMC guidance and some ethical issues with examples of real-life situations • Discuss these and other similar issues which delegates may have come across or be likely to come across in the future. • Increased competence in demonstrating knowledge skills and behaviours necessary to ap- ply the professional duties, principles and responsibilities set out in Good Medical Practice.

SKILLS

Surgical Skills

Dates Available:	**04/02/2027** **07/05/2027**
Venue:	Suture Centre at Castle Hill Hospital, Cottingham
Course Facilitator:	Dr Mahmud Loubani
How to book a place:	Email Hyp-tr.foundation.year2@nhs.net
Number of places available:	20
Curriculum Objectives	Be able to glove and gown in an aseptic manner • Be able to knot tie with left and right hands • Be able to name instruments and understand their uses • Safe handling of such instruments • Understand how different tissues handle and how they heal • Know the various techniques used to close skin and suture materials available • Excise a skin lesion and a sebaceous cyst
Course Outline	• Introduction and demonstration of gloving, gowning and knot tying • Practical session for gowning & gloving and knot tying • Practical session on making an incision and suturing using different techniques • Discussion during the practical sessions regarding uses of different instruments and correct usage of these • Lunch • Repeat knot tying • Practical session on excising a skin lesion and a sebaceous cyst

SKILLS

Radiology Day

Dates Available:	**02/02/2027**
Venue:	Medical Education Centre, Barnsley Hospital
Course Facilitator:	Dr Matt Kinsella
How to book a place:	bdg-tr.foundationteam@nhs.net
Number of places available:	25
Curriculum Objectives	The aim of this course is to offer: • An introduction to both diagnostic and interventional radiology for doctors in their first few years of practice. • The opportunity to gain basic ultrasound skills while learning to perform image guided biop- sy and drain insertion.
Course Outline	AM The first half of the day will focus on interpretation of the most commonly encountered in- vestigations during the first few years of work as a doctor. This will include investigations such as chest, abdominal and musculoskeletal radiographs. We will help you to develop a methodical and reproducible approach to interpretation of these modalities paying particular attention to the pathology that you are most likely to encounter while working out of hours. There will also be an introduction to basic cross section image interpretation (CT/MRI). PM The second half of the day will focus on interventional radiology which will include introduc- tory lectures and a practical session. The practical session will allow attendees the opportunity to gain basic ultrasound skills while learning to perform image guided biopsy and drain insertion.

SPECIALTY

Basic Principles in Trauma & Orthopaedics

Dates Available:	**08/02/2027**
Venue:	Medical Education Centre, Barnsley Hospital
Course Facilitator:	Mr Abhijit Bhosale
How to book a place:	bdg-tr.foundationteam@nhs.net
Number of places available:	16
Curriculum Objectives	Basic Principles of Trauma and Orthopaedics
Course Outline Course Outline	Topics covered will be: • Manipulation of fractures – Colles and ankle fractures • Joint aspirations and injections • Application of Thomas' splint • Basic principles of arthroscopy • Internal fixation of fracture with plating- The Lag principle—Hands-on saw bones • Tendon repair • Interpretation of Trauma radiographs • Assessment of polytrauma patients- Orthopaedic perspective • Principles of reduction of dislocated joints—ankle, shoulder, elbow, hip • Plastering techniques

SKILLS

Yorkshire and Humber Generalist School– (Enhance) Day 2

Dates Available:	**18/02/2027**
Venue:	Virtual
Course Facilitator:	John Surur
How to book a place:	Hayley.barlow2@nhs.net
Number of places available:	30
Curriculum Objectives	Population Health: • Identify the health needs of a local population using available data and evidence. • Addressing population-level determinants of health. • Develop care and prevention pathways sensitive to local needs. • Identify community assets and how these resources may be mobilised for population health improvement. System Working: • Identify the organisational units of health and care, their inter-relationship, and funding. • Importance of working collaboratively in trusted partnership, across teams, organisations, and systems. • Innovative approaches to health embracing new and emerging models of care.
Course Outline	8:30-9:00 Registration 9:00-9:15 Introduction and overview of Generalism and day's objectives 9:15-10:45 Population Health 10:45-11:00 Break 11:00-11:45 Wellbeing 11:45-12:00 Introduction and overview System Working 12:00-13:00 Epidemiology 13:00-13:45 Lunch 13:45-14:25 Structure of NHS 14:25-15:10 NHS Finance 15:10-15:30 Break 15:30-16:00 Innovation 16:00-16:15 Closing Remarks

SKILLS

Chest Drain Course

Dates Available:	**25/03/2027(AM)** **06/04/2027(AM)** **20/04/2027(PM)** **23/04/2027(AM)**
Venue:	Suture Centre at Castle Hill Hospital, Cottingham
Course Facilitator:	Dr Mahmud Loubani
How to book a place:	Email Hyp-tr.foundation.year2@nhs.net
Number of places available:	12
Curriculum Objectives	1. Understand the indications for a chest drain 2. Be able to insert a surgical and a Seldinger chest drain 3. Know the complications related to chest drain insertion 4. Be able to make decisions related to drain management
Course Outline	Target competencies: • Introductions and presentations about indications of chest drains (Inc. BTS guidelines). • Presentation about the complications of chest drains • Presentation describing the procedure (Inc. surgical and Seldinger) • Practical session in pairs with pig half chest walls. • Final presentation regarding chest drain management (when to consider suction/ drain re-moval)

SKILLS

The Multi-Surgical Specialty Wet Lab

Dates Available:	**02/10/2026,08/04/2027 & 13/05/2027**
Venue:	New Suture Centre, Learning and Innovation Centre, Castle Hill Hospital, Hull
Course Facilitator:	Dr. Muhaned EL-Gheryani/ Professor Mahmoud Loubani
How to book a place:	Email hyp-tr.foundation.year2@nhs.net
Number of places available:	16
Curriculum Objectives	Learning and practicing the following surgical skills: General Surgery: Bowel anastomosis / Laparoscopic Skills & Knot Tying Vascular: Aortic Anastomosis / Patch Repair Urology: Penile Circumcision / Scrotal Fixation Orthopaedic: External Fixation / Xray interpretations
Course Outline	Resident doctors will be split into 4 groups which correlate with 4 stations (Vascular, General Surgery, Urology, Orthopaedic). Each station lasts 1.5 hour and then they rotate through 4 stations. Example of timetable as follow

Group 1: (Green)

Station	Skills	Time
Registration and refreshment	08 :30 – 09:00	
Introduction	09:00 – 09:20	
Knot Tying	09:20 – 09:50	
Urology	Penile circumcision Scrotal Fixation	09:50 – 10:35 10:35 – 11:20
Break	11:20 – 11:30	
Orthopaedic	External Fixation Xray interpretation	11:30 – 12:30 12:30 – 13:00
Lunch	13:00 - 13:40	
Vascular	Patch repair	13:40 – 15:10
Break	15:10 – 15:20	
General Surgery	Lap skills and knot tying Bowel anastomosis	15:20 – 16:05 16:05 – 16:50
Closure & Feedback	16:50 – 17:00	

SKILLS

The Multi-Surgical Speciality Wet Lab (continued)

Group 2: (Purple)

Station	Skills	Time
Atetndance and refreshment	08 :30 – 09:00	
Introduction	09:00 – 09:20	
Knot Tying	09:20 – 09:50	
Orthopaedic	External Fixation Xray interpretation	09:50 – 10:50 10:50 – 11:20
Break	11:20 – 11:30	
Urology	Penile circumcision Scrotal Fixation	11:30 – 12:15 12:15 – 13:00
Lunch	13:00 - 13:40	
General Surgery	Lap skills and knot tying Bowel anastomosis	13:40 – 14:25 14:25 – 15:10
Break	15:10 – 15:20	
Vascular	Patch Repair	15:20 – 16:50
Closure & Feedback	16:50 – 17:00	

Group 3: (Red)

Station	Skills	Time
Atetndance and refreshment	08 :30 – 09:00	
Introduction	09:00 – 09:20	
Knot Tying	09:20 – 09:50	
Vascular	Patch repair	09:50 –11:20
Break	11:20 – 11:30	
General Surgery	Lap skills and knot tying Bowel anasto- mosis	11:30 – 12:15 12:15 – 13:00
Lunch	13:00 - 13:40	
Urology	Penile circum- cision Scrotal Fixation	13:40 – 14:25 14:25 – 15:10
Break	15:10 – 15:20	
Orthopaedic	External Fixa- tion Xray interpre-	15:20 – 16:20 16:20 - 16:50
Closure & Feed- back	16:50 – 17:00	

Group 4: (Blue)

Station	Skills	Time
Atetndance and	08 :30 – 09:00	
Introduction	09:00 – 09:20	
Knot Tying	09:20 – 09:50	

Station	Skills	Time
General Surgery	Lap skills and knot tying Bowel anasto- mosis	09:50 –10:35 10:35- 11:20
Break	11:20 – 11:30	
Vascular	Patch repair	11:30 – 13:00
Lunch	13:00 - 13:40	
Orthopaedic	External Fixa- tion Xray interpreta- tion	13:40 – 14:40 14:40 – 15:10
Break	15:10 – 15:20	
Urology	Penile circumci- sion Scrotal Fixation	15:20 – 16:05 16:05 - 16:50
Closure & Feed- back	16:50 – 17:00	

SKILLS

Introduction to Surgical Laparoscopic Skills

Dates Available:	**11/01/2027 AM** **11/01/2027 PM**
Venue:	Scarborough Postgraduate Centre
Course Facilitator:	Mr Effendi
How to book a place:	Cassandra.sanchez-capuchino@nhs.net
Number of places available:	6 per session
Curriculum Objectives	• To identify laparoscopic instruments and the common techniques used during a laparoscopy • To identify the correct ways to execute camera holding skills and put them into practice • Practice the basics of grasping and manipulation to gain better hand eye coordination • To precisely cut a circular shape without deviation from the line on excision and without damaging underlying tissue • Successfully load needle drivers and deliver accurate suturing with precise and secure knot tying • To successfully complete tying extracorporeal Roeder knots and placing them to simulate control of appendicular base in an appendectomy
Course Outline	Introduction – 10 mins Videos and faculty demonstrations – 30 mins Task practice (tasks 1-3) – 90 mins Refreshment Break – 20 mins Task practice (task 4) – 60 mins Closure of the Programme

SKILLS

Yorkshire and Humber Generalist School (Enhance) - Day 1

Dates Available:	**27/04/2027**
Venue:	Virtual
Course Facilitator:	Uzma Tazeen
How to book a place:	hyp-tr.foundation.year2@nhs.net
Number of places available:	30
Curriculum Objectives	Person-Centred Care: • To champion a person-centred approach to care • To enable people, make meaningful decisions about their health and wellbeing. • To appreciate the different forms of patient and public participation in their health and care. • To Work with an individual's family, carers, and healthcare professionals to ensure that care is coordinated across teams, and organisations. Complex Multimorbidity: • To co-create management plans with patients with multiple long-term conditions while balancing risk and benefit. • To take action to reduce harm from over-investigation, multiple intervention, and polypharmacy. • To identify common disease clusters, predicting the issues that may arise and manage accordingly. • To work collaboratively across disciplinary and organisational boundaries to ensure best possible health out- comes. • To mitigate risks for a frail and/or vulnerable individual with complex needs living in a variety of settings.
Course Outline	AM Person– Centred Care 8:30-9:00 Coffee and Registration 9:00-9:15 Introduction and Overview of Generalist (Dr Uzma Tazeen) 9:15-10:00 Patient Centred Care Ideology (Prof Joanne Reeves) 10:00-10:45 Palliative/ EOL/ Compassionate Care (Dr Yousif Adcock) 10:45-11:00 Break 11:00-11:30 Every Contract Count (Mr Paul Chapman) 11:30-12:15 Mental Health Patient Story (Mrs Lea Dobson) 12:15-13:00– Lunch PM—Complex Comorbidity 13:00-13:15 Introduction and Overview (M Malik/H Cattermole) 13:15-14:00 Jean Bishop Centre Experience / Frailty (Dr Andy Noble) 14:00-14:45 Dementia (Dr Simon Stapley/Yoghini Nagandran) 14:45-15:00 Break 15:00-15:45 Health Literacy (Mr Chris Lawton)

Dates Available:	27/04/2027
	15:45-16:30 Polypharmacy and Deprescribing (Mrs Helen Maslin) 16:30-16:45 Wrapping up the day & Take home messages (Dr Uzma Tazeen)

SKILLS

Clinical Skills & Interventions (CSI) Course

Dates Available:	**TBC**
Venue:	The Medical Education Centre, Barnsley Hospital NHS Trust
Course Facilitator:	Dr Steve Lobaz
How to book a place:	bdg-tr.foundationteam@nhs.net
Number of places available:	10
Curriculum Objectives	The Clinical Skills & Interventions (CSI) Course aims to cover a number of key clinical skills (cannulation, lumbar puncture, assessment of the unwell patient) combined with an introduction to point of care ultra- sound (US). By the end of the course you will be able to: • Describe basic venous and arterial anatomy of the upper limb • Refine your current peripheral IV Cannulation technique • Explain how ultrasound (US) works and how it can be used clinically to increase venous cannulation success in difficult patients • Demonstrate US guided venous cannulation on Blue Phantom Models in preparation for gaining US guided peripheral IV Cannulation competency • Describe how point of care ultrasound (POCUS) may be used to manage two acutely unwell patients: The Collapsed Patient and The Acutely Breathless Patient • Describe basic spinal and epidural anatomy relevant to Lumbar Puncture • Refine your current Lumbar Puncture Landmark technique to increase success • Describe how US may assist Lumbar Puncture success in difficult patients • To mitigate risks for a frail and/or vulnerable individual with complex needs living in a variety of settings.
Course Outline	08:30 - 08:45 Registration 08:45 - 09:00 Introduction to CSI 09:00 - 11:00 Ultrasound Guided IV Cannulation 11:00 - 11:30 Tea/Coffee and catch up 11:30 - 13:00 The Acutely Breathless Patient 13:00 - 13:45 Lunch 13:45 - 15:15 The Acutely Collapsed Patient 15:15 - 15:30 Break 15:30 - 17:00 Lumbar Puncture 17:00 - 17:30 US Development/ Governance & Close

SKILLS

Yorkshire and Humber Generalist School– (Enhance) Day 3

Dates Available:	**19/05/2027**
Venue:	Virtual
Course Facilitator:	Tracy Langcake
How to book a place:	tracy.langcake@nhs.net
Number of places available:	30
Curriculum Objectives	Environmental Sustainability: • Deliver care in ways that minimises waste and reduce harmful environmental impact. • Create inform approaches to environmental sustainability and planetary health. • Identify measures of environmental sustainability as outcomes of quality improvement activity. • Communicate impactfully the interdependence of human health (and health equalities) and global and local ecological systems. Social justice and health equity: • Promote social justice in the communities you serve. • Critically appraise the relationship between social determinants of health and health inequalities. • Value diversity in teams and organisations, adopting and advocating for inclusive practices. • Contribute to the design and delivery of care pathways that reduce inequalities & promote inclusion.
Course Outline	AM Health Inequality 9:00-9:15 Overview of Enhance & Day Objectives (Dr Tracy Langcake) 9:15-10:00 Health Inequality the Magnitude (Dr Toni Williams) 10:00-10:45 HI as Determine of Disease and Longevity (Dr Toni Williams) 10:45-11:00 Break 11:00-11:30 Patient Experience (Dr Toni Williams) 11:30-12:15 Breakout Room Exercise (Dr Toni Williams) 12:15-13:00 Lunch PM Environmental Sustainability 13:00-13:45 Impact & Extent of Climate Change (Dr Frank Swinton) 13:45-14:30 Health Consequences of Climate Change (Dr Frank Swinton) 14:30-14:45 Break 14:45-15:30 Environmental Sustainable Health Service (Dr Frank Swinton) 15:30-16:15 Breakout Room Exercise (Dr Frank Swinton) 16:15-16:30 Closing Remarks and Take-Home Messages (Dr Tracy Langcake)

SKILLS

POCUS (Point of Care Ultrasound)

Dates Available:	**08/03/2027 and 11/05/2027**
Venue:	Medical Education Centre, Doncaster Royal Infirmary
Course Facilitator:	Dr Daniel Baynes
How to book a place:	daniel.baynes@nhs.net/dbth.medicaleducation@nhs.net
Number of places available:	15 - 20
Curriculum Objectives	- To gain an understanding of the basics of point of care ultrasound theory - To gain hands on experience in POCUS for chest, abdomen and cardiac echo - To develop understanding of application of POCUS to clinical scenarios in acute medicine e.g. the acutely breathless patient, acute kidney injury - To be inspired to develop further POCUS skills and to consider a career in a specialty where POCUS is valuable e.g. Acute Medicine, Emergency Medicine, Intensive Care Medicine NOTE: attending this training day alone will not enable attendees to use POCUS independently in clinical practice – this takes a longer period of training and formal accreditation e.g. FAMUS, FUSIC. The aim is to provide a starting point and inspire interest for further training.
Course Outline	9:00 Introduction 9:10 Talk 1 – Introduction to POCUS 9:30 Scan Session 1 – Lung 10:45 Break 11:00 Talk 2 – Ultrasound Pathology Cases 11:30 Scan Session 2 – Abdomen 12:45 Lunch 13:30 Talk 3 Echo Intro / Cases 14:00 Scan Session 3 – Echo – Basic Views 15:00 Scan Session 4 – Review of Lung / Abdomen / Echo 16:00 Close