## NATIONAL TRANSFER OF INFORMATION

# Process and guidance for medical students, graduates, and Foundation Programme applicants

#### Updated for 2018

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#### **General principles**

The Transfer of Information (TOI) processes are a means of supporting medical students during the transition from medical school to foundation school, and during the F1 year.

Under the <u>Medical Act 1983</u>, universities have formal responsibility for confirming that doctors at the end of F1 are eligible for full registration. It is therefore essential that there is a two-way transfer of information between the university/ medical school and the deanery/foundation school until the point of full registration with the GMC.

The TOI process has been in place for some time and has been subject to constant review and improvement. In 2012 and 2013 the process has been formally reviewed and modified by the Medical Schools Council taking into account feedback from stakeholders including medical schools, F1 doctors, medical students and foundation schools.

The TOI process aims to highlight doctors who may require additional support during the Foundation Programme. In particular, it is essential that information regarding any potential patient safety issues, significant educational, health and welfare concerns, as well as areas of the student's relative weakness are passed to those responsible for foundation training.

The TOI process is facilitated by completion of a TOI form. Every Foundation Programme applicant is required to comply with the TOI process and complete a TOI form.

This form will be processed by lay administrators. You do not need to disclose a specific medical diagnosis or treatment details on this form. You should however provide sufficient information on the nature of your condition or disability to enable your Foundation School to understand how it may affect you in your clinical training or work as a doctor, and to understand your support needs. You should provide more specific medical information about yourself in confidence to your employing Trust's Occupational Health Department when you complete their health questionnaire as part of employment procedures.

The TOI form is completed by the student. Information on the TOI form is endorsed by the medical school. Medical schools may provide further information where necessary to protect patient safety. TOI forms should be shared only with relevant individuals responsible for education and training or pastoral support at the applicant's allocated foundation school.

There are three key components to the form:

- Information concerning health and welfare (Section 1)
- Information concerning educational progress (Section 2)
- Information concerning professional performance (Section 3)

**Health and welfare** – Health and welfare information aims to highlight health and welfare issues that may be of relevance to the setting or delivery of the Foundation Programme. This allows the student to manage their health in a professional manner.

**Educational progression** – Educational progress information outlines any additional support that may be required during the Foundation Programme. This information will be used by the educational supervisor to assist the student in producing a personal development plan as a new foundation doctor and to identify any additional educational support that may be needed. This also allows the medical school to meet the GMC requirement of ensuring that graduates' areas of relative weakness are fed into their Foundation Programme portfolios.

**Professional performance** – Professional performance information relates to the outcome of any fitness to practise or professionalism investigation to which a student has been subject at medical school. Students are asked to provide details of any investigation made into their professionalism during their time at medical school which resulted in a written warning or a sanction. By 'investigation' we mean an investigation that is known to the student and where its outcome was reported to the student in writing. Students are not expected to declare verbal warnings.

Completion of the TOI form does not replace the need to report any fitness to practise issues to the GMC or to inform the Local Education Providers (LEPs) HR / Occupational Health departments of any health issues.

#### Timeline and summary of processes

For the purpose of this paper; 'medical Student' refers to all Foundation Programme (FP) applicants.

\*Please note that some actions are specific to those applicants applying via the UKFPO Eligibility Office.

Date	Action and overview of process	Action owner
Autumn 2017	UK medical school to hold an 'early review' meeting between medical and foundation school staff.  The meeting should aim to identify any final year medical students for whom there are considerations that may impact on the location/delivery of the Foundation Programme.	Medical school
	UK medical school to invite any students identified through the 'early review' meeting to attend a confidential meeting to discuss:	Medical school and medical student
	TOI: to provide guidance on information which is relevant to the delivery of the Foundation Programme and the level of detail to be provided on the TOI form.	
	• (and if applicable) 'Special Circumstances' FP application information. This only applies if the considerations identified are judged to impact on the location of the Foundation Programme.	
	(This is a separate process to TOI; please see the Special Circumstances process available on the UKFPO website for details.)	
January–March 2018	UK medical school to send guidance and a TOI form to all final year students applying for the Foundation Programme.	Medical school
	Medical student to seek guidance if required from medical school re completing the form.	Medical student
	UKFPO Eligibility Office to send a TOI form to ever Eligibility Office FP applicant.	UKFPO
As soon as possible/by no later than 26th April 2018	Non-Eligibility Office FP applicants to complete a TOI form and return to the named individual at their UK medical school	Medical student

As soon as possible/by, no later than 31st May 2018  Or no later than a week after allocation for those on the reserve list*	UK medical school to review student completed TOI forms and, if necessary, to add relevant information to the form.  Once the level of information is appropriate, all forms endorsed and signed by the medical school.  Medical school to send original form to the allocated foundation school. Copies of the form should be made (one for the medical student and one for medical school records).	Medical school
As soon as possible/by, no later than 31st May 2018  Or no later than a week after allocation for those on the reserve list*	Eligibility Office FP applicants only to complete all details on the TOI form (including having obtained medical school endorsement and signature).  FP applicant to send original TOI form to allocated foundation school. A copy of the form should be kept by the applicant.	Eligibility Office Applicant
As soon as the TOI form is received, no later than 14th June 2018	Foundation schools to receive TOI forms.  Foundation school to consider if any adjustments or additional support may be provided to enhance the training and development of the new foundation doctor.	Foundation school
July/August 2018	Foundation doctor and educational supervisor to discuss educational progress details at the 'initial meeting with educational supervisor'.	Foundation doctor and supervisors

<sup>\*</sup> The UKFPO will announce FP allocations on 8th March 2018. If an applicant is not allocated on this date, they will be placed on the reserve list. Subsequent reserve list allocations will be made thereafter. Reserve list applicants (and their medical school if appropriate) must ensure that their TOI form is received by the allocated foundation school AS SOON AS POSSIBLE and strictly by no later than one week from the allocation date.

## Information and guidance for medical students, graduates, Foundation Programme applicants

Medical education and training is a continuing process with a number of different phases, and it is important that individuals are supported as they move from one phase to the next. The Transfer of Information (TOI) process is designed to help students make the transition from medical school to postgraduate training and employment. The TOI process is separate from employment processes and the GMC registration process. What you put in your TOI form has no bearing on which foundation school you are allocated to.

#### Quick guide to the TOI process

- The purpose of the TOI process is to support your transition to the Foundation Programme and employment.
- Every student or doctor applying for F1 must complete a TOI Form.
- The form covers three areas:
  - Health and Welfare
  - Educational Progress
  - Professional Performance
- The information you submit in the TOI form will be used by your foundation school to ensure that you get the right educational and pastoral support during your two-year programme and to see if you will require reasonable adjustments to complete the programme.
- If you are unsure what information to include in your TOI form, contact your medical school, who will be able to help you.
- Information contained in the TOI form will be shared with your foundation school.
  Once the form is received, the foundation school director will consider if any
  reasonable adjustments should be made. Relevant information from the form may
  need to be shared with other colleagues (for example your educational supervisor and
  possibly the employing organisation ) in order to ensure that the appropriate support
  is provided to you. Information contained in the form will only be shared with your
  employer and any relevant external organisations with your consent.
- If you declare any issues that relate directly to patient safety (for example if you have a blood borne virus) then it is likely that there will be direct contact between you and your receiving foundation school and employer before you start the Foundation Programme.

You are strongly advised to read the rest of this guidance to ensure that you understand the TOI process and are able to engage with it fully.

#### **General Principles**

#### Why is the process in place?

The TOI process has principally been developed to help you make a smooth transition from medical school to the Foundation Programme. Starting your first job in the NHS can be an overwhelming experience and your foundation school wants to make the experience as easy as possible for you. In order to do this they need to know some important information about you to make sure you have the right support in place when you start.

Your medical school has the legal responsibility for your education and training until you are granted full registration by the General Medical Council (GMC). In practice medical schools delegate this responsibility to foundation schools but the TOI process enables them to ensure that foundation schools have the right information about you to enable them to provide you with appropriate support from day one.

Medical schools also have to work in line with the standards and outcomes set out by the GMC in Tomorrow's Doctors. Paragraph 121 of the document states that 'While it is essential that the outcomes are achieved by all graduates, medical schools should also make arrangements so that graduates' areas of relative weakness are fed into their Foundation Programme portfolios so they can be reviewed by the educational supervisor'. Therefore the TOI process is an essential way for medical schools to ensure that they meet the standards set by the GMC. This is also why your medical school has the final say as to the content of your form although if they wish to add additional information they should talk to you first.

Although taking part in the TOI process is important you should also be aware that you may need to provide information separately to other organisations. You will need to provide fitness to practise information to the GMC in order to gain provisional registration. If you have a health condition or disability that requires adjustments you may also have to provide information to your employer's HR or occupational health service.

#### **Patient safety**

The first consideration for all those that work in healthcare is the safety and well-being of the patients they care for. Therefore, if your form contains information that relates directly to patient safety, including serious professional performance concerns or health issues, then you should expect to have direct contact with your foundation school and employer before you start work.

#### Who has to undertake the TOI process?

Every student/doctor applying for the Foundation Programme must participate in the TOI process to ensure that appropriate support can be put in place, regardless of year and place of graduation.

For UK medical students the process will be managed by their graduating medical school.

For those applying to F1 who did not train at a UK medical school, and UK graduates who graduated prior to 2nd August 2015, the UKFPO Eligibility Office will supply you with a form which you should then complete. Your graduating medical school to endorse the content of the form.

#### The TOI process

UK medical schools will not wait until you have passed finals before they send your form to your foundation school. Foundation schools need time to make any adjustments you might require and therefore the information is shared as soon as is practical after F1 allocations take place.

The basic process for UK graduates is as follows:

- 1. January to March 2017 your medical school will send you a TOI form to complete.
- 2. You complete the form and return it to your medical school.
- 3. Your medical school will then look at the information you have submitted and verify that it is correct.
- 4. Occasionally your medical school will want to add additional information to your TOI form to support you and meet their GMC standards Your school will meet with you to discuss what relevant information they wish to transfer and why.
- 5. By 2 June 2017 medical schools send your TOI form to your foundation school.
- 6. July/August 2017 during your initial meeting with your educational supervisor and during the induction meeting with your clinical supervisor, you are expected to discuss the content of the TOI form.

Your form will be signed by a member of your medical school's staff who is competent to do so in that they are able to verify that information contained in the form is correct. This may be your medical school dean or head of school but it may also be a member of the administrative or teaching staff.

#### **Eligibility Office Applicants**

If you are applying through the UKFPO Eligibility Office then you will be sent a TOI form which you must complete and get endorsed by your graduating medical school. Once you know which Foundation School you have been allocated to it is your responsibility to ensure that they receive your completed TOI form before 31st May 2017.

#### What to declare

The form is split into three sections:

- 1. Health and Welfare
- 2. Educational Progress
- 3. Professional Performance

You may not have anything to add in a particular section, but you should take care when completing the form to ensure you that don't miss anything that would be useful for your receiving foundation school to know.

Patient safety is the overriding principle that healthcare professionals must consider whenever they undertake any processes linked to their employment or the care of patients. Therefore, it is very important that you declare any issue that may impact on the safety of the patients that you will come into contact with once you are in the Foundation Programme.

Please describe any functional impairments which were relevant to your ability to train and any supports or adjustments that you were offered during your training. If you did not suffer any such substantial impairments of function and you were never offered any supports or adjustments to your training course, it is not necessary to declare minor or trivial conditions which only resulted in minor or very short periods of absence from training.

#### Health and welfare

In this section you should declare any health or welfare concerns that may have an impact on your ability to work as a foundation doctor. As an employee of the Trust (or equivalent) that you work in you have rights under the Equality Act 2010. In particular, employers have a duty to make reasonable adjustments for disabled employees to ensure that they can continue to work. The question of what is reasonable is a legal one that ultimately is decided by tribunals and courts, but your receiving foundation school will want to work with your employer to ensure that any reasonable adjustments you require can be made.

In order to do this they will need to know what types of adjustments you will require so they can prepare a suitable placement for you. **Remember, this will not impact upon which foundation school you have been allocated to.** The adjustments you require may impact on the type of placements you are assigned to as there will be some working environments where it is easier to provide adjustments than others. For example, if you have a disability that impacts on your mobility your foundation school will take this into account by ensuring that your placement has lifts you can use or is not one where doctors have to walk long distances between wards.

The GMC and MSC have recently published guidance on supporting students with mental health concerns. This guidance provides helpful advice on handling the transition to the Foundation Programme. It should be noted that although the guidance focuses on mental health, it equally applies to those with a physical disability. The relevant extract from the guidance Supporting medical students with mental health conditions is available at Annexe A of this guidance.

The TOI form asks for information about functional impairments which affect your ability to train:

Some of examples of the type of information you should declare in this section and the form of words which might be appropriate include the following:

- If you have dyslexia and will require additional time to complete the written components of the e-portfolio or require coloured films for computer screens to enable you to use your employer's IT systems.
- If you have an impairment that impacts on your mobility you should declare this so that your foundation school can work with your employer to ensure you are placed in an accessible site.
- If you have or had a mental disorder which resulted in adjustments to your training course, please describe the functional effects of this disorder (e.g. impaired memory or concentration) and the specific adjustments which you were offered.
- I have a chronic blood-borne infection which means I am unable to be involved in exposure prone activities. I require no specific support measures other than adjustment of duties in surgical posts.
- I am in weekly therapy for treatment of a mental health condition. I will require protected time for the first X months of Foundation Training in order to attend therapy.
- I have a chronic infection and I am compliant with the advice of both my treating medical specialist and my supervising accredited specialist Occupational Physician, who has advised that I do not need any adjustment to my medical practice on health grounds, and that I am fit to undertake exposure prone procedures.
- I have a mental health condition which is stable, and for which I did not require adjustments while I was at medical school.

Examples of relatively common adjustments which are compatible with fitness to practise medicine include protected time for routine medical appointments, practising without undertaking exposure prone procedures and directing others to undertake cardio-pulmonary resuscitation.

Examples of adjustments which are not compatible with fitness to practise medicine include needing a human note taker, needing a personal assistant to read clinical records and needing to delegate the performance of any of the mandatory competencies listed in the GMC publication "Outcomes for Doctors" to another medical practitioner on objective medical grounds.

#### **Educational Progress**

In this section you need to add information regarding any additional educational support (if any) that your medical school provided during your training. You should reflect on what parts of the undergraduate course you found more difficult – this might be a practical procedure such as cannulation or an assessment method such as OSCEs. Your foundation school needs to know this so they can make sure your personal development plan reflects your educational needs and that you are supported to carry out any identified procedures until you feel more confident.

When you graduate from medical school your school has determined that you are competent to start F1. This section does not question this competence; it merely reflects that students will have areas which they have not had as much practice in as others. For example, you will have been assessed on a range of practical procedures and passed, but you may not have had a chance to undertake many of them on patients. If after an honest appraisal of your skills and confidence you feel that when you start work as a doctor you may need additional support from your employer in carrying out certain practical procedures, you should include this in the form and identify the type of procedure and why you feel you need additional support.

Some examples of the types of things you may want to declare include:

- If you have struggled with a particular form of assessment method such as OSCEs.
- If you have undertaken a practical procedure many times on a manikin, but have not carried it out on a patient.
- If you do not feel confident carrying out a procedure such as cannulation as you found it a difficult skill to learn and you have not been able to practice carrying it out on your last clinical placement before graduation.

Please note that if you do not pass the Prescribing Safety Assessment, this will not affect your offer of employment.

#### **Professional Performance**

This section is about your performance as a professional whilst you have been at medical school. Medical students are expected to behave professionally in preparation for future practice as a doctor.

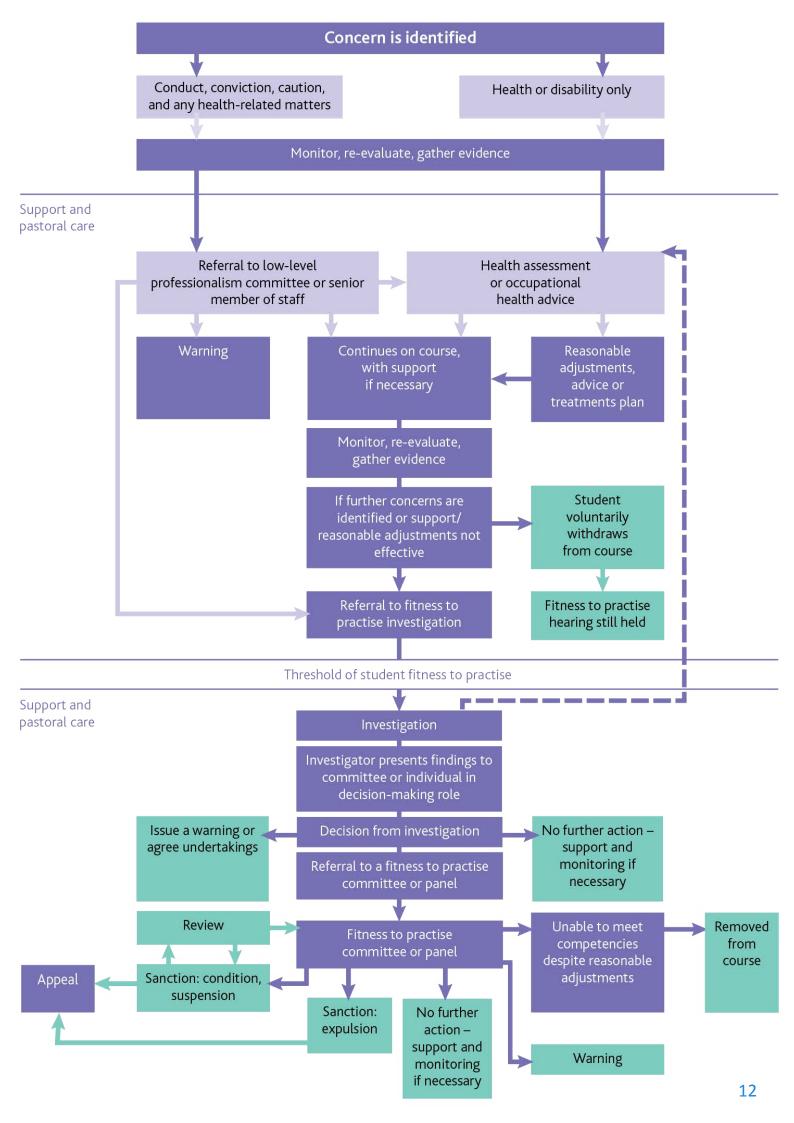
Medical schools monitor professionalism and must not graduate students they believe are not fit to practise. However, in most cases unprofessional behaviour resulting in a warning or sanction is not serious enough to prevent the student from graduating. In these instances it is important that the receiving foundation school knows about issues related to a graduate's professionalism which have been considered by the graduating medical school. This is important to ensure that:

 Your foundation school can place you in an environment which provides additional support in relation to professionalism if necessary.

- You can be provided with additional educational opportunities to support your learning about (and your acquisition of) professional values during F1.
- Behaviours observed in F1 can be considered in the context of your professionalism
  history. This may reveal behaviours to be part of a pattern which would not otherwise
  be apparent, or may allay concerns about observed behaviours which may have been
  investigated and explained during your time at medical school.
- Patient safety is not affected; it is important that you are monitored during your F1 year to ensure that you understand the impact unprofessional behaviour can have on patients and colleagues, including other F1 trainees, with whom you work.

In this section you are asked to include formal outcomes (including warnings or sanctions) received from your medical school in relation to any investigation into your professionalism or fitness to practise.

It might help you to consider the threshold for fitness to practise which is shown on page 78 of the GMC and MSC joint publication *Professional behaviour and fitness to practice: Guidance for medical schools and their students* to practise and included below for your reference. You should declare the outcomes of investigations that progressed beyond the threshold below.



Examples of the type of outcome you should include in the form are::

- Written warnings
- Being given set conditions that you must comply with in order to stay on the course.
- Temporary suspension from the course

#### You are not expected to declare verbal warnings.

In this section you should not declare anything that relates solely to your health. This should be reported in the relevant Health and Welfare section of the form.

As a guide, here are some examples of the types of things that you should declare in this section of the form:

- You received a caution for public disorder and you declared this to your medical school who held a fitness to practise investigation. You were warned by your medical school not to behave in a way that might lead to a caution from the police. Your foundation school would pass this information on to your educational supervisor who would provide you with support and guidance to help make sure you continued to understand the importance of not having criminal action taken against you.
- During your time at medical school you handed in a number of assignments after the
  deadline for their completion. You were given a formal, written warning about handing
  work in late. Your educational supervisor would receive this information and, as well as
  monitoring that you complete F1 assignments on time, they will also provide you with
  time management support.
- You received a suspension for turning up late to and missing completely several clinical placements. When you returned to the course your attendance was closely monitored by your medical school. You should declare this in your TOI form as this monitoring will need to continue in F1 being late for work or being absent without a good reason can have a negative impact on both patients and colleagues. Your educational supervisor will also provide you with support to make sure that you understand how your actions impact on others.

#### Who receives a copy of the TOI form?

Your TOI form is sent to your Foundation School Director (FSD). They will consider who in their view needs to receive the information contained in the form, bearing in mind the principle that it should be shared only with those who have a real need to be informed to protect the welfare of staff, trainees and patients and should be stored and handled in line with the requirements of the Data Protection Act.

The FSD will pass the form on to your Foundation Training Programme Director/Tutor (FTPD/T) who looks after foundation training in your allocated LEP. They in turn may feel that your educational supervisor, who is responsible for educational development and progress, needs to see the contents of the form.

In some cases, the information may need to be shared with the Medical Staffing or Occupational Health department at your allocated LEP as they have legal duties that the information will help them to fulfil. For example, they have a legal duty to consider making reasonable adjustments for disabled employees. This will only be done with your consent.

#### What happens to the TOI form once you start F1?

Medical schools, foundation schools and employers are bound by the Data Protection Act and therefore they must store personal information about you in a secure way. They must also take steps to ensure that your information is not used for any other purpose other than the one which it was intended for.

There are also rules about how long information can be stored by organisations. Therefore, all copies of your TOI form will be destroyed once you complete the Foundation programme.

#### Annexe A

### GMC and MSC guidance: Supporting students with mental health conditions, 2013

Paragraphs 111 to 115

111: The transition from medical school to foundation training is crucial for all new doctors. For those who have had mental health conditions, it can be particularly important. Medical schools can provide a supportive environment for students that they might not get in postgraduate training. However, any potential risk to the student can be reduced if the transition is properly planned.

112: Medical schools should encourage students to be very open with their foundation school in their transfer of information (TOI) form. The student does not have to declare specific details about their condition on the form, but they should give the foundation school a realistic view of the support they will need. If a student does declare a mental health condition as part of the TOI process, then they should be made aware that only authorised foundation school staff members and the HR department of their employer will be able to access this information.

113: Medical schools should meet with students who have a mental health condition that could affect the location or delivery of the Foundation Programme. In this meeting, the medical school should:

- discuss the student's needs
- support the student to complete their TOI form.

114: If a student's needs could affect a decision about the location of their Foundation Programme, the medical school should also give advice on applying through the special circumstances process. Forms and guidance for the TOI and the special circumstances processes are reviewed every year and are available at: www. foundationprogramme.nhs.uk.

115: Completing the TOI form will help make sure doctors get the support they need – for example, foundation doctors with a disability will be given placements where the adjustments they need can be made. It is very important that you provide notice of any adjustments you may require so your trust and foundation school can work together to ensure that your transition to the work place is as smooth as possible.