

## Supported Return to Training (SuppoRTT)



### SuppoRTT Programme Overview- What is it & what does it include?

The programme applies to **ALL** trainees who are absent for a period of three months or more, regardless of the reason. Those who are absent for a shorter period may also access support.

We understand that returning to training after a period of absence can impact your clinical skills and confidence, however, you are not on your own! HEE and your School are here to support and guide you through this process. You just need to ask.

On the [SuppoRTT Website](#) you can access all resources such as Guidance's, SuppoRTT Forms, Coaching, Mentoring, SuppoRTT Champions, courses to support your return.

Access our [Newsletter here](#), packed with information and courses.

If you have any questions or queries please do not hesitate to contact the SuppoRTT team, via email at [supportt.yh@hee.nhs.uk](mailto:supportt.yh@hee.nhs.uk)

### SuppoRTT Meetings

If you are due to take a period out of Training or due to return to training from period of absence, please complete one of the forms below so that we can support you.

Each SuppoRTT meeting has an electronic form to accompany it.

Please review the [SuppoRTT guidance](#) for details of each meeting and use the links below to access the electronic form.

Meeting	Flow chart of responsibility	Preview Form Questions	Link to Electronic Meeting Form
Pre-Absence Meeting	<a href="#">Flow Chart</a>	<a href="#">Questions</a>	<a href="#">Pre-Absence Meeting Form</a>
Initial Return Meeting	<a href="#">Flow Chart</a>	<a href="#">Questions</a>	<a href="#">Initial Return Meeting Form</a>
Review Meeting	<a href="#">Flow Chart</a>	<a href="#">Questions</a>	<a href="#">Review Meeting Form</a>