Revised Educational Requirements for Specialty Trainees in Obstetrics & Gynaecology Yorkshire & Humber 2021-22 (COVID-19)

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| ST1 | Current Matrix Requirements | Status | Expectations & Revised recommendations if not able to complete | Comments |
| Practical Skills courses | Basic US course | Only one course run therefore may need equivalent | **Min 3 sessions on ultrasound simulator plus**  Stratog module : Principles of ultrasound | **NOT** to be done in ST2 but concentrate on practical aspects |
| Basic Practical Skills\* or equivalent | Expected | O&G Bootcamp covers equivalent content. If attended RCOG remote course, must complete practical skills locally | Exempt if attended in previous 3 years, upload certificate and ensure included in ES report |
| Hysteroscopy Course | Expected | Content covered by O&G Bootcamp | Course not required as ST2 |
| Elearning and STRATOG (mandatory) | Fetal Monitoring (eLfH)\* Communicating with a) patients b) Colleagues  Principles of AN care  Early Pregnancy loss (management) | Expected | All modules should be completed |  |
| YMTP courses | Care of the Critically Ill Mother (CCIM) | NOT EXPECTED Facilitator not able to provide | STRATOG case study for CPD (obstetrics) : Early recognition of a deteriorating woman | Upload certificate and reflection on case study  **Not** to be done in ST2 |
|  | Basic Obstetric | Expected for 50% of trainees | STRATOG modules: domestic abuse and substance misuse; postpartum sepsis; postpartum thromboembolism | Basic obs & basic gynae courses **do not need to be undertaken as ST2**  Complete 1-2 STRATOG modules for courses missed  Upload certificates |
|  | Basic Gynae teaching | Expected for 50% of trainees - planned for June 2022 | STRATOG modules: Urogynae – assessment of lower urinary tract symptoms; Sexual & reproductive health – fertility control & contraception |
| Simulation | Prompt (or other obs simulation)\*  Ultrasound: Completion of at least 3 tasks/modules  Laparoscopy : 4 graded videos for each of the 3 tasks set for year group PLUS 2 cutting disc exercises per year | | Expected |  |
| RCOG Requirements | Cervical smear (3 OSAT) | Can be derogated but under 10.1 | Must have 1  Need to achieve in ST2 |  |
|  | TO2 | 1 expected |  |  |
|  | CiPs | Progress with all CiPs | Entrustability level 1 for CiPs 9,10,11 & 12 |  |

\*Also suggested by RCOG

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| Year of training | Current Requirements | Status | Additional evidence if not able to complete | | Comments |
| ST2 |  |  |  | |  |
| Practical Skills courses | Robust course\* | Expected |  | |  |
| Basic Laparoscopy  **Hysteroscopy - if not completed as ST1 - ESSENTIAL** | O&G Bootcamp covers equivalent content  Other courses cancelled due to staffing (Jan 22) | STRATOG :Basic laparoscopic surgery **MUST attend 5 sessions of lap sim** tasks as per matrix | | Attempting to reschedule  Course needed in ST3 |
| Perineal Repair\* | Expected | Can be undertaken as ST3 | |  |
| STEP UP\* |  | Expected June/July 2022 | |  |
| Elearning and STRATOG | Reflective practice  Gynae emergencies & Pelvic pain | All modules should be completed |  | |  |
| YMTP courses | Human Factors (A day at work)\* | Expected | Courses planned June/July 22 | |  |
|  | Core Obstetric teaching | Expected for most | Case study on SGA (STRATOG)  STRATOG modules: Fetal growth restriction; pre-eclampsia; perinatal mental health; induction of labour | | Core obs/core gynae teaching **does not need to be completed in ST3** |
|  | Core Gynae teaching | Expected | STRATOG modules: management or lower urinary tract dysfunction; epidemiology of subfertility; unexplained subfertility | |
| Simulation | PROMPT  Ultrasound : Completion of at least 3 modules on simulator  Laparoscopy: Upload 4 graded videos for each of the 3 tasks PLUS 2 cutting disc exercises | Expected |  | |  |
| RCOG Requirements | OSATS (3 competent ) | Assisted vaginal delivery: 3 each for ventouse and forceps  Basic CS  Perineal repair  Surgical management misc  Insertion of IUS/IUD | | |  |
| Endometrial biopsy | Can be derogated but under 10.1 | Need to achieve in ST3 | |  |
| MRCOG Part 1 | **ESSENTIAL** |  | |  |
| TO2 | 1 expected |  | |  |
|  | CiP progress | **Complete all CiPs at basic** | Entrustability level 2 for CiPs 9,10,11 & 12 | | Evidence in all key skills |
| Year of training | Current Requirements | Status | Additional evidence if not able to complete | Comments | |
| ST3 |  |  |  |  | |
| Practical Skills courses | USS competency: 3 competent for early pregnancy plus 3 for late pregnancy | Expected | O&G Bootcamp equivalent for basic laparoscopy and perineal repair |  | |
|  | Perineal repair (if not achieved in ST2) |  |  |  | |
|  | Basic laparoscopy (if not achieved in ST2) |  |  |  | |
| Elearning and STRATOG (mandatory) | Pelvic Organ Prolapse  Ectopic pregnancy  Abnormal uterine bleeding Improving work placed based behaviour  NOTTS  Sexually transmitted infections |  | All modules should be completed |  | |
| YMTP courses | Intermediate Obstetric Teaching | Not expected | Can complete in ST4  STRATOG modules: Obstetric analgesia & anaesthesia; preterm labour; multiple pregnancy (antenatal care) | Trying to arrange for May/June 22 | |
|  | Early Pregnancy & Acute gynae | Expected |  |  | |
|  | Menopause teaching |  | Can complete in ST4; Management of Climacteric problems (STRATOG) |
|  | Statistics & Research | Not expected but desirable to have GCP certificate; Assessing evidence (STRATOG) | | Upload evidence | |
| Simulation | PROMPT  Ultrasound : Completion of at least 3 tasks on simulator  Laparoscopy: Upload 4 graded videos for each of the 3 tasks set for year group PLUS 2 cutting disc exercises | Expected |  |  | |
| RCOG Requirements | MROP; 3 competent OSATS |  |  |  | |
|  | TO2 | 1 expected | 1 expected (provided no concerns) |  | |
|  | CiPs | Progress with all CiPs | Entrustability level 3 for CiPs 9 & 10 |  | |

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| Year of training | Current Requirements | Status | Additional evidence if not able to complete | Comments |
| ST4 |  |  |  |  |
| Elearning and STRATOG (mandatory) | FGM  Fetal Growth Restriction  Assessment of lower urinary tract symptoms  Management of lower urinary tract dysfunction  Epidemiology, ethical & legal issues in subfertility  Pre-invasive disease of the lower genital tract | Expected |  |  |
| YMTP courses | Maternal Medicine |  | Can complete in ST5 but expect 2 courses to have been completed this year  Stratog modules: maternal medicine & infertility |  |
|  | Fetal Medicine |  |  |
|  | Infertility teaching |  |
|  | Urogynaecology |  |
| Simulation | PROMPT  Laparoscopy: Upload 4 graded videos for each of the 3 tasks set for year group PLUS  2 cutting disc exercises per year |  |  |  |
| RCOG Requirements | OSATS (3 competent)  Hysteroscopy  Diagnostic laparoscopy  Repair of OASI |  |  |  |
|  | Vulval biopsy  Surgical management of RPOC post-partum | Can be derogated but under 10.1 | Need to achieve in ST5 | Surgical management of RPOC remains under review |
|  | TO2 | 1 expected |  |  |
|  | CiPs | Progress with all CiPs |  |  |

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| Year of training | Current Requirements | Status | Additional evidence if not able to complete | Comments |
| ST5 |  |  |  |  |
| Practical Skills courses | Advanced Laparoscopy | Expected for some | Can complete in ST6 | Course April 22 |
| Elearning and STRATOG (mandatory) | Cervical cancer  Malignant disease of the uterus  Uterine cavity surgery  Perinatal mental health  Ultrasound scanning of fetal anomaly | All expected |  |  |
| YMTP courses | Gynae Oncology |  | Can complete in ST6. |  |
|  | Maternal medicine  Fetal medicine |  | If not completed in St4  One can be carried over for ST6 | Only 1 course run per year |
|  | Infertility  Urogynaecology |
| HEE Courses | Management and Leadership Development (3 days) |  | Can complete leadership and management courses in ST6 & 7 |
| RCOG Requirements | MRCOG parts 2 & 3 | **ESSENTIAL** | May be odd trainee not able to sit exam due to sick leave/ML | |
| OSATS | Simple operative laparoscopy  Intermediate CS  Rotational delivery |  |  |  |
|  | Endometrial ablation | Can be derogated but under 10.1 | Need to achieve in ST6 |  |
| Simulation | PROMPT  Laparoscopy: Upload 4 graded videos for each of the 3 tasks set for year group PLUS 2 cutting disc exercises |  |  |  |
|  | TO2 |  | 1 expected (provided no concerns) |  |
|  | CiPs | **Complete all CiPs** | Entrustability level 3 for CiPs 11 & 12  Entrustability level 4 for CiPs 9 & 10 | evidence in all key skills |
| Recommended STRATOG | Rape & forensic gynaecology |  |  |  |
| Year of training | Current Requirements | Status | Additional evidence if not able to complete | Comments |
| ST6 |  |  |  |  |
| RCOG Courses | ATSM course 1 | Expected |  |  |
| Elearning | Quality Improvement Training (NHS Improvement Academy) | Expected | Or other evidence of QI project |  |
| YMTP courses | Gynae Oncology | STRATOG modules on gynae onc | If not completed in ST5 |  |
|  | Maternal medicine |  | If neither completed in ST4 or ST5 |  |
|  | Fetal medicine |
|  | Clinical Governance & Patient Safety |  | either ST6 or ST7 |
| HEE Courses | Management and Leadership Course |  | Can complete leadership and management courses in ST6 & 7 |
| Simulation | mMOET (if not completed in ST5)  PROMPT  Laparoscopy: Upload 4 graded videos for each of the 3 tasks set for year group PLUS  2 cutting disc exercises per year |  |  |  |
| OSATS (formative) | Complex CS  Laparoscopic ectopic pregnancy  Ovarian cystectomy (open or laparoscopic) | Expect formative OSATS |  |  |
|  | TO2 | 1 expected |  |  |
|  | CiPs | Progress with all CiPs | Entrustability level 4 for CiPs 11 & 12 |  |

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| Year of training | Current Requirements | Status | Additional evidence if not able to complete | Comments |
| ST7 |  |  |  |  |
| RCOG Courses | ATSM course 1 & 2 | **ESSENTIAL** |  |  |
| Elearning and STRATOG (mandatory) | Equality & Diversity Training (eLfH - see HEE website for link) | Expected |  |  |
| YMTP courses | Gynae Oncology |  | If not completed in St5 or ST6 |  |
|  | Maternal medicine |  | If not completed in ST5 or ST6 unless doing advanced AN practitioner ATSM |  |
|  | Fetal medicine |
|  | Clinical Governance & Patient Safety | Desirable | either ST6 or ST7 |
| HEE Courses | Management and Leadership | Expected | Can complete leadership and management courses in ST5-7 |
|  | Transitioning to be a Consultant | Desirable |  |  |
|  | Training the Trainers | Desirable |  |  |
| OSATS | Complex CS  Surgical management of PPH Laparoscopic ectopic pregnancy  Ovarian cystectomy (open or laparoscopic) | Expect 3 summative |  |  |
| Simulation | PROMPT  Laparoscopy: Upload 4 graded videos for each of the 3 tasks set for year group PLUS  2 cutting disc exercises per year |  | Accept less evidence for laparoscopy simulation if trainees doing all obstetric ATSMs - expect all OSATs and some simulation |  |
|  | TO2 | 1 expected |  |  |
|  | Complete all CiPs | **ESSENTIAL** | **Entrustability level 5 for CiPs**  **9, 10, 11 & 12** |  |
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