

Foundation Training Job Description

Grade	F2
Placement	Psychiatry
Department	<p>This post is with Humber Teaching NHS Foundation Trust who provide services for people with Mental Health difficulties and Learning Disability.</p> <p>This post is based in one of the mental health units or outpatient clinics in Hull or East Riding of Yorkshire.</p> <p>Patients are seen at the mental health unit or mental health outpatient clinical setting. Patients may have a variety of mental health disorders in addition to physical health disorders.</p> <p>The training scheme offers excellent training for assessing and managing patients with a variety of mental health disorders with a multidisciplinary approach.</p> <p>The MDT may consist of:</p> <ul style="list-style-type: none"> • Responsible Clinician/Consultant Psychiatrist • Higher, Core Psychiatry or GP trainees • Non-medical Prescriber • Nurses • Psychologist • Social Workers • Occupational Therapist/Physiotherapist • Pharmacist • Health Care Assistants

The type of work to expect and learning opportunities

The doctor will provide both physical and psychiatric care for the patients including routine phlebotomy and physical examinations. They may also be required to work collaboratively with Primary care and crisis services. The post holder will undertake patient assessments supervised by a senior colleague or their consultant.

The doctor will have opportunities to for outpatient and inpatient ward rounds and patient reviews, depending on the placement.

This post is the ideal opportunity to gain knowledge of the structure of local psychiatric services and the processes involved when working with people with mental health issues or Learning disability. This will give you confidence when dealing with patient group of this nature, which ever branch of medicine you choose to work in.

Subject to placement assigned, the post holder will either be primarily ward based, or situated in outpatient clinics and conducting community visits under close supervision from senior doctors, although there are many opportunities for extra experiences.

The post holder will be working as part of multidisciplinary team.

Educational Opportunities:

1. Learning assessment and biopsychosocial management of people with mental health disorders and Learning disability.
2. To understand the importance of history taking, mental state examination and the multidisciplinary team approach to management.
3. To understand the working of the multidisciplinary team
4. Ward review meetings
5. Regular meetings with educational/clinical supervisor
6. Wednesday morning postgraduate weekly teaching programme.
7. Wednesday Morning Balint groups

Supporting professional activities:

- Participate in and contribute towards the training programme of colleagues, students, and other health care professional's e.g., ad hoc training and supervision, tutorials, and lectures.
- Keep up-to-date records to satisfy continuous professional development requirements.
- Work within the clinical governance framework as agreed within the Trust.
- Ensure regular appraisal with educational supervisor.
- Attend generic skills training programme.
- It is expected that the F2 will become involved in quality improvement projects

<p>Expectations of the F2</p>	<ul style="list-style-type: none"> • Attend and write in notes during ward reviews. • Review patients and present your findings in both ward reviews and M.D.T. meetings. • Clerk in new patients, including associated physical examination, investigations, and paperwork. Discuss your findings with one of the senior doctors. • Review patients admitted out of hours and fill in missing history, physical exams, etc. • Admission and Discharge Summaries. • Ward work to include dealing with physical health problems, electronic prescribing, and prescriptions, writing discharge and leave prescriptions and chasing results. • Take notes during M.D.T. meetings and attend regular Learning disability clinics with senior doctors. There will be opportunities for F2 to attend/observe psychiatry emergencies in the community with senior doctors. <p>At the end of the four-month period the FY2 will have obtained experience in the following:</p> <ul style="list-style-type: none"> • Assessing and diagnosing a wide range of Learning disability with common psychiatric co-morbidities and challenging behaviour. • Have an awareness of the treatment of a wide range of common mental health problems. • Understand the management of common mental health conditions • There will be an opportunity to be involved in audit/research. Trainee will be encouraged to do that <ul style="list-style-type: none"> • There will be an expectation from F2 to develop Leadership qualities and able to guide F1 on the ward and in the clinics.
-------------------------------	--

<p>Where the placement is based</p>	<p>In one of the various satellite in-patient units or OPD clinics across the area Hull, extending to adjacent towns including Beverley, Driffield, Goole, and Bridlington etc.</p> <p>Exact placement location will be given out ahead of time.</p>
<p>Educational and Clinical Supervisor(s) for the placement</p>	<p>Depends on placement allocated.</p> <p>Once placement has been assigned, names of E.S and C.S will be given.</p>

<p>Main duties of the placement</p>	<p>Review of patients with medical team, nursing staff, pharmacist, and other professionals. Attend ward rounds regularly. In these Ward rounds decisions are made regarding the patient care and work is shared out for the doctors. You will not be expected to make difficult decisions on your own. There will always be the presence of a senior doctor on the Ward or within the building.</p> <p>Depending on placement, you may be expected to work with patients in out-patients and the community. This work will be supervised by a consultant psychiatrist and respective MDT team.</p> <p>You will be expected to arrange cover from another F2/F1 Doctor. You may also be expected to cover for the absence of other colleagues including annual and study leave and short periods of sickness.</p> <p>In addition, practitioners may have to perform duties in the case of emergencies without additional remuneration. However, you will be granted time off in lieu of the discretion of your consultant. However, these are exceptional circumstances, and you will not be expected to undertake work of this kind for long periods.</p> <p>There is a psychiatric teaching programme every Wednesday morning at The Lecture Theatre, Willerby Humber Teaching NHS foundation trust, which you are expected to attend. There will be a mixture of case presentations, literature reviews, outside speakers and teaching on different sub-specialities.</p> <p>There is also an F1 teaching programme arranged for Thursdays at Hull Royal Infirmary.</p>
-------------------------------------	--

<p>Typical working pattern in this placement</p>	<p>A typical working pattern is ward work, attending ward rounds and C.P.A. (Care Programme Approach) meetings for inpatients. For out-patient setting placements, you will be enrolled into clinics and home visits, there will also be opportunities for multi-professional meetings and community-based MDTs.</p> <p>You will cover the Ward 9 a.m. to 5 p.m. weekdays</p> <p>You will obtain out of hours experience working on AAU On-calls (FY1), or psychiatric on calls (FY2)</p> <p>Wednesday and Thursday teaching as mentioned above</p> <p>Out of hours work could be in any other specialty and will be reflected in your work schedule with adequate notice</p>
<p>Employer</p>	<p>Hull University Teaching Hospitals NHS Trust</p>

It is important to note that this description is a typical example of your placement and may be subject to change.