



Principles of the Yorkshire Modular Training Programme (YMTP)

The aim of YMTP is to standardise training across Yorkshire and the Humber and to match it to the RCOG curriculum and training matrix. It is designed to fulfil the ARCP requirements as part of the commitment of HEE to curriculum delivery. It is envisaged that local units will continue to provide local teaching as needed to meet their requirements. This would usually include mandatory training as per the local training needs analysis as well as mortality and morbidity meetings, clinical governance meetings and fetal monitoring training.

Course Leads will map the teaching to the curriculum; provide lesson plans and suggestions for further reading or links to useful resources. Each course will be evaluated by trainees and a certificate of attendance issued once feedback has been received

Teaching is broadly arranged over 2 terms:

Term 1 Aug-Dec

Term 2 Jan-June

In order for all trainees to have the opportunity to attend courses, all teaching days in years 1-3 will be run twice a year with 15-18 trainees per course. Practical skills courses will run 3 times a year with 10-12 trainees per course. Trainees are expected to attend at least 80% of the teaching each year (trainees working less than full time will be expected to complete a pro rata number of courses)

Training is broadly divided into 3 stages. The specific requirements of each year can be found in the YMTP training matrix:

https://www.yorksandhumberdeanery.nhs.uk/obstetrics_and_gynaecology/education/educational_st1-5_arcp_matrix

Core training: ST1-3 will provide broad training across all aspects of O & G with an emphasis on practical skills and emergency care. Trainees will need to complete the core log book by the end of ST2 and demonstrate competence in basic ultrasound by the end of ST3.

The expectation of YMTP is for up to 15 days of study per training year comprised as follows:

- A minimum of 8 days of formal teaching
- Annual training in obstetric emergencies
- Self-directed learning
 - Trainees will be expected to use resources such as STRATOG and eLfH completing a minimum of 6 modules of learning. They may request up to 4 days of study leave for this purpose (best taken as 8 half days)
- Exam preparation courses (max 3 days for part 1 MRCOG). Time for private study is at the discretion of the local unit
- Practical ultrasound and simulation training
 - Minimum of 5 sessions of ultrasound in year 2
 - Minimum of 5 sessions of lap sim in year 2

Intermediate training: ST4-5

This is a combined teaching year with a focus on preparation for the MRCOG part 2 and 3 and some experience and understanding of the subspecialties in order to prepare for advanced training. Trainees should pass the final MRCOG by the end of ST5 and complete the intermediate log book.

The expectation of YMTP is for up to 15 days of study per training year comprised as follows:

- Up to 12 days of formal teaching over the 2 years
- Annual training in obstetric emergencies to include MMOET for trainees planning on doing the Advance LW ATSM
- Self-directed learning
 - Trainees will be expected to use resources such as STRATOG and eLfh completing a minimum of 6 modules of learning per year. They may request up to 4 days of study leave for this purpose (best taken as 8 half days)
- Exam preparation courses (once only)
 - 5 days course for the part 2 exam
 - 1 day OSCE course for the part 3 exam
 - Time for private study is at the discretion of the local unit

Advanced Training: ST6-7

Trainees in the later years are expected to complete a minimum of 2 advanced training modules (ATSMs) chosen depending on their individual interest. Training is therefore of a more generic nature and not specialty specific. Trainees should also attend the relevant theory courses to support their ATSM or special skills training which on occasion will be outside the region. There is no set allocation of funding or expectation of time allowed but each application will be assessed on an individual basis, please see the study leave process:

https://www.yorksandhumberdeanery.nhs.uk/obstetrics_and_gynaecology/education/study_leave_policy_and_forms