

HULL YORK MEDICAL SCHOOL

2-YEAR ACADEMIC FOUNDATION PROGRAMMES

GRADE

Academic F2 Post in Palliative Medicine

PLACEMENT

A four month placement with the academic palliative care group based at the Wolfson Palliative Care Research Centre, University of Hull

THE DEPARTMENT

Academic Palliative Medicine is based in the Wolfson Palliative Care Research Centre within the new Allam Medical Building at the University of Hull. The main research interests within the Wolfson Palliative Care Research Centre are assessment & management of under-researched distressing symptoms in advanced disease, inequalities in access to palliative care, patient and family caregiver outcomes in advanced illnesses, and optimising delivery of palliative and end of life care.

These areas of research aim to tackle some of the increasing challenges to providing palliative and end of life care within the health service, as the distribution of age changes towards an older population, and conditions shift from single illnesses to multi-morbidity.

The department has an excellent reputation for international work on breathlessness and palliative care for those with non-cancer conditions (such as heart failure, respiratory disease, kidney failure and primary care based palliative care). The research ranges from epidemiological studies using large datasets, health services research on outcomes and models of care, developing new interventions to manage symptoms, and clinical trials (for instance in breathlessness management). There are strong links to the local clinical palliative care teams, including Dove House Hospice in Hull, St Catherine's Hospice in Scarborough, and to the local NHS hospitals such as the respiratory, cardiology and cancer teams in Castle Hill and Hull Royal Infirmary.

The Academic F2 will joint a team of professionals working in Palliative Medicine:

University Staff:



Miriam Johnson

Professor of Palliative Medicine



Fliss Murtagh

Professor of Palliative Medicine

Dr Jason Boland, Senior Lecturer in Palliative Medicine
 Prof Joanne Reeve, Professor of Primary Care Medicine
 Dr Liz Mitchell, Senior Lecturer in Primary Care Research
 Dr Julie Seymour, Reader in Medical Sociology
 Dr Pia Wohland, Lecturer in Health Inequalities
 9 post-doctoral researchers, 10 Post-graduate students.

Hull and East Yorkshire NHS Trust staff: Consultants in Palliative Medicine: Drs Kirsten Saharia (clinical lead), Hannah Leahy, Elaine Boland. In addition to the specialist palliative care team, we have strong research links with clinical teams in respiratory, cardiology, oncology, primary care and renal medicine for palliative care projects in these patient groups.

Selected publications:

Johnson MJ *et al.* Towards an expert consensus to delineate a clinical syndrome of chronic breathlessness. *European Respiratory Journal* 2017 49: 1602277

Groeneveld EI, *et al.* Funding models in palliative care: Lessons from international experience. *Palliative Medicine*. 2017;31(4):296-305.

Etkind SN, Bristowe K, Bailey K, Selman LE, Murtagh FEM. How does uncertainty shape patient experience in advanced illness? *Palliative Medicine*. 2017;31(2):171-80.

Hutchinson A *et al.* Breathlessness and presentation to the emergency department: a survey and clinical record review. *BMC Pulmonary Medicine* 2017; 17:53

Jagger C, *et al.* A comparison of health expectancies over two decades in England: Results of the Cognitive Function and Ageing Study i and II. *The Lancet*. 2016;387(10020):779-86.

Johnson MJ, *et al.* A randomised controlled trial of three or one breathing technique training sessions for breathlessness in people with malignant lung disease. *BMC Medicine* 2015 13:213

The type of work to expect and learning opportunities

This post will be of interest to those considering a career in a broad range of medical specialities (including palliative medicine, gerontology, primary care and public health) but would also be useful to those interested in health services research and epidemiology, especially as it relates to the ageing population.

The health services research project will be planned in discussion with the trainee and the supervisors. Examples of potential projects for academic F2 trainees include secondary analysis of existing qualitative and quantitative datasets, systematic reviews, and contribution to components of existing studies.

The post will provide exposure to clinical and translational research which it is expected will lead to a communication (case or short report, abstract and presentation at a scientific meeting or similar).

Where the placement is based

Foundation Year 2
Academic – based at the Wolfson Palliative Care Research Centre, Allam Medical Building, University of Hull, Cottingham Road, Hull.
According to clinical rotation

Typical working pattern in this placement

During the 4 month academic placement there will be full time commitment to the palliative medicine research project during the working week. There are no fixed clinical commitments in palliative medicine other than those that may be directly related to the project itself.

Employer information

Academic supervision will be by Professor Miriam Johnson, Professor Fliss Murtagh F

Further information. To visit / chat please contact Dawn Wood 01482 463309 (PA to Profs Johnson and Murtagh).