

# **HULL AND EAST YORKSHIRE HOSPITALS NHS TRUST**

2-YEAR ACADEMIC FOUNDATION PROGRAMMES

### **GRADE**

Academic F2 Post in Academic Diabetes, Endocrinology and Metabolism.

### **PLACEMENT**

A four-month placement with the academic diabetes, endocrinology and metabolism group based at Michael White Diabetes Centre, Brocklehurst building, Hull Royal Infirmary.

### THE DEPARTMENT

Academic Diabetes, Endocrinology and Metabolism is based at Michael White Diabetes Centre, Brocklehurst building, with both clinical and basic laboratory research facilities on site. The main research interests include clinical trials in understanding and managing cardiovascular risk in insulin resistant states (obesity, polycystic ovary syndrome and type 2 diabetes) through nutrition (dietetic and functional foods) and pharmaceutical interventions, type 1 diabetes, lipid metabolism, metabolic bone disease including osteoporosis and qualitative studies in type 2 diabetes. Outpatient and inpatient clinical work are performed at Brocklehurst building and Hull Royal Infirmary.

The Academic F2 will joint a team of professionals working in Department of Diabetes, Endocrinology and Metabolism:

### **University Staff:**

Professor Thozhukat Sathyapalan, Professor of Endocrinology



1 NIHR Clinical Lecturer, 2 Research Fellows; 4 PhD students; Research Unit Manager, Academic research dietitian, Clinical Trials co-ordinator, 5 research nurses and 3 Clinical Trials staff.

**Hull and East Yorkshire NHS Trust staff:** Consultants in Diabetes, Endocrinology and Metabolism:- Drs M Aye, B Allan, D Hepburn, J Patmore, K Mohammed, S Mongolu, H Tan, C Walton. There are 3 specialist registrars, 2 CMT trainees, 3 FY1 trainees, 5 Diabetes Specialist Dieticians, 8 Diabetes Specialist Nurses and 2 endocrine nurse specialists.

# The type of work to expect and learning opportunities

This post will be of interest to those considering a career in a broad range of medical specialities including a career in endocrinology and those such as general practice where a foundation in diabetes, endocrinology and metabolism may be invaluable but would also be useful to those interested in health services research and pharmaceutical aspects of ill health.

The clinical research and data analysis/systematic review and meta-analysis/basic science-based research projects will be planned in discussion with the trainee and the supervisors.



# Health Education England

The post will provide exposure to both clinical and translational research which it is expected will lead to a communication (case report, abstract and presentation at a scientific meeting or similar).

## Where the placement is based

Foundation Year 1	Foundation Year 2
General Medicine/General Surgery/A&E	Academic – Academic Diabetes, Endocrinology and Metabolism, Michael White Diabetes Centre, Brocklehurst building, Hull Royal Infirmary.

# Typical working pattern in this placement

During the 4-month academic placement there will be full time commitment to the Diabetes, Endocrinology and Metabolism, research project during the working week. There are no fixed clinical commitments in Diabetes Endocrinology and Metabolism other than those that may be directly related to the project itself.

## **Employer information**

Academic supervision will be by Professor Thozhukat Sathyapalan.

### **Further information**

To visit / chat please contact
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