

# Yorkshire & Humber Trainee Wider Forum Minutes of Meeting

<b>Date and time</b>	20 November 2024, Wednesday, 0915-1215
<b>Venue details</b>	<b>Virtual: MS Teams</b>
<b>In attendance</b>	<b>TEF members:</b>
	Shrita Lakhani (Chair) Sindhu Pavuluri (Wider forum lead) Janaky Nam (Communications and engagement lead) Waqas Din (Quality lead) Yamen Jabr (South locality lead) Sanah Sajawal (West locality lead) Chioma Maduka (East locality lead) Zehra Naqvi (Equality and diversity co-lead)
	<b>Wider Forum members:</b> Adeel Alison Buck Laura Graystone Lucy Kempster Kayleigh Lawrence Katherine Miller Christopher Page Sara Page Jessica Philips Nee Ling Wong
	<b>External Speakers/Invitees</b>



	<b>Name</b>	<b>Role</b>
	Emily Langford	ST6 Anaesthetic Registrar Future Leaders Programme Alumni
	Lindsay McLoughlin	NHSE Yorkshire and Humber Programme Support Administrator for 'Learning Support & Faculty Development' Directorate
	Ros Roden	NHSE Yorkshire and Humber Associate Dean for Learner Support and Faculty Development Directorate
<b>Apologies</b>	Michelle Horridge Alyssa Loo Charan Preet Kaur Matharu Erin Whyte Sarah Longwell	

<b>Item No.</b>	<b>Item</b>
<b>1.</b>	<b>Welcome and Introductions</b>  Ice-breaker of favourite childhood cartoon character
<b>2.</b>	<b>The Professional Support Team – How could they help me?</b>  <b>Guest speaker:</b> Lindsay McLoughlin & Ros Roden  LM : Overview of Professional Support Service (PSS) and services provided. TF newsletter will contain details of services provided by PS Team.  <a href="https://www.yorksandhumberdeanery.nhs.uk/professional-support">https://www.yorksandhumberdeanery.nhs.uk/professional-support</a>  RR : Provided case-based examples of support, highlighted that while services are for PGDiTs through Professional Support, she is happy to be contacted directly ( <a href="mailto:rosalind.rodin@nhs.net">rosalind.rodin@nhs.net</a> ) with any queries from non-trainees.
<b>3.</b>	<b>Educational Session – Civility Matters Workshop</b>  <b>Speaker:</b> Waqas Din & Emily Langford  Session focusing on collaborative culture and team dynamics. Book recommendations include 'The Fearless Organisation' by Amy Edmondson and 'Radical Candour' by Kim Scott. Both facilitators happy to be approached by PGDiT regarding any issues raised in presentation ( <a href="mailto:emilylangford@nhs.net">emilylangford@nhs.net</a> & <a href="mailto:wdin@nhs.net">wdin@nhs.net</a> )

## Closed forum for Executive and Wider Forum Members

4.	<b>Actions from Previous Meetings</b>  Question raised at Aug WF meeting regarding what support exists for PGDiTs with chronic health conditions. Query was discussed with Professional Support Team (PST) and it was recommended that PGDiTs contact PST directly on <a href="mailto:england.professionalsupport.yh@nhs.net">england.professionalsupport.yh@nhs.net</a> , with further details so that individual case can be assessed (PST will certainly help if able, but need to make individual assessment as each case is unique)
5.	<b>Trainee Representatives forum</b> *blue sky thinking element* <ul style="list-style-type: none"><li>▪ KM raised query regarding quantity of workload allocated to PGDiT, particularly during out-of-hours work. Following discussion, it was suggested to log workload in local unit to help evaluate fairness in task distribution.</li><li>▪ NLW asked what protocol was in other units regarding on-call cover during regional teaching sessions. Discussion that variation in different units but in many specialties, it was unlikely that consultants would cover on call to enable the on-call registrar to attend teaching. Suggested splitting the on-call shifts during teaching sessions between registrars and sharing notes from the teaching.</li></ul>
6.	<b>Wider forum focus</b>  <u>Updates from Wellbeing Lead (SP):</u> <ul style="list-style-type: none"><li>▫ Welcome to new members.</li><li>▫ Update that application process to WF has been streamlined by using a Google form. CV will only be required if multiple applicants from same unit/speciality and meeting attendance could affect service provision. Shared QR code to the google form for joining WF.</li><li>▫ Apologised for error in WF mailing list resulting in several members' not receiving recent communications. Issue now resolved.</li><li>▫ Update regarding WhatsApp communications, to be limited to 1-2 messages a month with an 'opt in' option when signing up to the WF.</li><li>▫ Reminder to complete NETS survey. Deadline on 27th Nov.</li><li>▫ Call out for volunteers to test new teaching platform 'Moodle', which will be replacing BlackBoard. To contact <a href="mailto:england.regionalteaching.yh@nhs.net">england.regionalteaching.yh@nhs.net</a></li><li>▫ Shared list of specialties that lack representation in the WF. Members encouraged to share WF QR code in networks and if happy to any contacts in these specialties to help expand WF reach.</li></ul>

	<p><u><a href="#">Chair Updates:</a></u></p> <ul style="list-style-type: none"> <li>• Survey collecting information on PGDiTs experiences of LTFT including barriers to it now open. Link shared.</li> <li>• Self-Directed Time (SDT): Trainee Forum been asked to draft principles regarding SDT. To assist with this, WF members encouraged to contact TF on <a href="mailto:england.traineeforum.yh@nhs.net">england.traineeforum.yh@nhs.net</a> with any ideas/comments they have on this including any feedback on their own experiences.</li> <li>• Reminder of 'Question of Month' and again members encouraged to submit these to trainee forum email address.</li> <li>• Highlighted that any ideas for future topics at WF meetings would be most welcome</li> <li>• Opportunity to join executive forum in February 2025.. Following positions available: Vice Chair, Secretary, Quality Lead, West Locality Lead. Job descriptions are on TF <a href="#">website</a> and website will be updated with further information in the new year.</li> </ul> <p>Actions:</p> <ol style="list-style-type: none"> <li><b>1. Members able to help with testing new teaching platform to contact <a href="mailto:england.regionalteaching.yh@nhs.net">england.regionalteaching.yh@nhs.net</a></b></li> <li><b>2. Members to contact TF on <a href="mailto:england.traineeforum.yh@nhs.net">england.traineeforum.yh@nhs.net</a> with any comments regarding SDT, 'Question of the Month' and topics for future WF meetings.</b></li> </ol>
7.	AOB: Nil

<b>Action Log</b>		
<b>Item</b>	<b>Action</b>	<b>Allocated person(s)</b>
1.	Members able to help with testing new teaching platform to contact <a href="mailto:england.regionalteaching.yh@nhs.net">england.regionalteaching.yh@nhs.net</a>	All
2.	Members to contact TF on <a href="mailto:england.traineeforum.yh@nhs.net">england.traineeforum.yh@nhs.net</a> with any comments regarding SDT, 'Question of the Month' and topics for future WF meetings.	All

<b>Date of next meeting</b>	19/02/2025
<b>Completed by</b>	Janaky Nam
<b>Confirmed by</b>	Shrita Lakhani