



Health Education England

Blenheim House
 West One - Duncombe Street
 Leeds LS1 4PL
 Tel: 0113 295 2000 - Fax: 0113 295 2222
 www.yorkandthumber.nhs.uk



From M1
 Leave the M1 at Junction 43 and join the M621.
 Continue on the M621 to Junction 3 (Integrated City Centre & Harbuck).
 Follow the signs for the city centre, and the A663, which leads into Naville Street.
 Join the City Centre Loop Road.
 Turn left at Junction 3 (From Harbuck) into The Headrow and continue into Westgate and then Park Lane.
 Turn left into Fountain Street, which leads into Duncombe Street (see next).

From M621
 Leave the M621 at Junction 2 (Integrated Harrogate, York and Skipton), taking the exit from the roundabout for the A65.
 Keep in the middle lane whilst passing under a railway bridge just before a major roundabout (The Army's Synchro).
 Take the third exit in the city centre and join the inner ring road (A596).
 Follow map approach to Blenheim House.

From M63 (Eastbound)
 Exit the M63 at Junction 27 (Integrated Leeds, M621, Bailey A602, M604 & A650).
 Join the M621, and exit at Junction 3.
 Follow directions above 'From M621'.

From M62 (Westbound)
 Leave the M62 at Junction 29 (Integrated London, Leeds, Wakefield & M1).
 Join the M1 Northbound following signs for Leeds City Centre (follow directions above 'From M1').

By Train
 The nearest station is Leeds City Station which is approximately a 10 minute walk away.

Planning your journey by public transport
 The Metro website - www.metro.co.uk provides useful information to help you plan your journey.



Key:

- Loop Junctions
- City Centre Loop
- One Way Streets
- Restricted Access