## ICM study leave / course list

2025

The list below aims to give an overview of some of the available courses, activities and resources for ICM training and to describe potential funding mechanisms.

## Recommended

High-quality activities and courses that address important curriculum components, but other options exist (including experiential learning).

Availability of courses can vary, so liTs may need to travel to other Y&H hospitals to attend.

If appropriate for the stage of training, funding will usually be approved if within the Yorkshire and Humber region but may be discretionary for expensive courses or those outside our region.

## **Discretionary**

Courses/activities which are not required for curriculum delivery but may benefit an IiT's overall professional development.

All activities (courses, conferences, events) not mentioned in the list below are considered "discretionary".

Funding applications will be considered on a case-by-case basis by the TPDs after seeking advice from the Head(s) of School. If funding is agreed for individual events, this may be limited (part-funding) due to the overall budgetary constraints.

Factors considered for each application include:

- Special interest areas
- Other funding and study leave in the same stage of training. Usually, funding will be limited to a maximum of one discretionary activity per stage of training.
- Progress with training, including ARCP and portfolio progress
- Individual circumstances

## Study activities:

	Category	Details
Clinical		
ICM e-learning	Recommended	e-learning for health: <a href="https://www.e-lifh.org.uk/programmes/">https://www.e-lifh.org.uk/programmes/</a>
		SICS (Scottish ICS) modules: <a href="https://www.scottishintensivecare.org.uk/education/learning-modules/">https://www.scottishintensivecare.org.uk/education/learning-modules/</a>
		FICM learning: https://www.ficm.ac.uk/ficmlearning
Imaging and radiology	Recommended	ORACLE. Free, open access platform for radiology, Echo, US etc. james.morgan@bthft.nhs.uk
Critical care transfer courses	Recommended  Ideally done in stage 1	Bradford Critical Care Transfer Course: facilities.administration@bthft.nhs.uk
		South Yorks and Bassetlaw Critical Care Network Transfer Course:
		www.sybccn.org
		andrea.berry2@nhs.net
		Hull Critical Care Transfer Course:  john.mensah@mac.com
		WYCCN Transfer Course:  https://www.wyccn.org/transfer.html
Organ donation course	Recommended	Leeds Circulatory Death Course: james.sira@nhs.net
		YODELS (Bradford): simulation.administration@bthfh.nhs.uk

		The National Deceased Donation Course for Intensive Care Medicine (ICM) Trainees: Free, 2-day course, limited availability https://www.odt.nhs.uk/deceased-donation/education-and- training/the-national-deceased-donation-course-for-icm- trainees/
Tracheostomy	Recommended	Mid Yorkshire Tracheostomy Course, 1 day selin.kabadayi1@nhs.net
		HIT (MDT Tracheostomy Care and Emergencies), Hull <a href="https://www.thehils.org.uk/courses">https://www.thehils.org.uk/courses</a>
Airway	Recommended	Core Trainee Airway Simulated Course, Hull, 1 day, around £95
	Discretionary if out of region	https://www.thehils.org.uk/courses
		East Yorks Difficult Airway Course, Hull, 1 day, around £95
		https://www.thehils.org.uk/courses
		Yorkshire Difficult Airway Workshop, Leeds, 1 day around £125
		https://www.maxcourse.co.uk/medicaleducationleeds
		Sheffield Advanced Airway Course, 1 day
		jamie.douglass@nhs.net
		MDT Airway course for Nurses, 1 day, opportunity for trainees to participate as faculty
		Andrew.stewart21@nhs.net

		Difficult Airway Society: may have appropriate courses
		(Discretionary): Das.uk.org/courses
Procedures / lines /	Recommended to	Local CVC and chest drain courses may be available and
interventions	do CVC and chest drain course in	are often free – preferred option
	stage 1	Leeds CVC course, 1 day, around £150
		https://www.maxcourse.co.uk/medicaleducationleeds
		mape.// www.maxeedree.ss.uigmedicaleddsdiismedds
		Leeds Seldinger Chest Drain Course, 1 day, around £150
		https://www.maxcourse.co.uk/medicaleducationleeds
		Loads LD and Paracentosis Course, 1 day, ground \$150
		Leeds LP and Paracentesis Course, 1 day, around £150
		https://www.maxcourse.co.uk/medicaleducationleeds
		Hull MDT Chest Drain Course, 1 day, around £95
		https://www.thehils.org.uk/courses
		One-lung ventilation course, Sheffield (discretionary and
		might be of interest to some people)
		rohit.mittal4@nhs.net
Ultrasound		
FUSIC-type Echo	Recommended	Mid Yorkshire FUSIC Heart Course: 1 day, around £150
courses		brendan.sloan1@nhs.net
		Loade EUSIC Course: 1.2 days, around £175,300
		Leeds FUSIC Course: 1-2 days, around £175-300
		manoj.wickramasinge@nhs.net
		FUSIC-SY / FAMUS Courses (Barnsley): various
		modules, 1-2 days
		https://fusic-sy.co.uk/

Advanced Echo courses  Non-clinical	Discretionary	LACE (Leeds Advanced Critical Care Echo) Course: £300-850  leedsadvancedcriticalcareecho@gmail.com  Others (FUSIC-HD, EDEC, BSE level 1/TTE/ACCE etc)
Deanery-delivered professional development courses	Recommended  Highly valuable to support completion of GPC HiLLOs	Multiple courses on QI, research, leadership, training etc.  https://www.maxcourse.co.uk/heeyhsom/guestCourseList. asp
QI	Recommended	Multiple organisers  Introduction to QI – via Blackboard  Bradford Improvement Academy course: <a href="https://improvementacademy.org/">https://improvementacademy.org/</a> Future learn website for free online MOOC for QI and periop Medicine (4-6 weeks)
Critical Incident	Recommended	Hull Critical Incident Course, 1 day, free <a href="https://www.thehils.org.uk/courses">https://www.thehils.org.uk/courses</a> Leeds Critical Incident Course, 1 day <a href="https://www.maxcourse.co.uk/medicaleducationleeds">https://www.maxcourse.co.uk/medicaleducationleeds</a>
Research	Recommended	GCP training (NIHR), free, online  https://www.nihr.ac.uk/health-and-care- professionals/training/good-clinical-practice.htm

	Supports sign-off of relevant HiLLOs	Research for the specialty trainee, Deanery course, free <a href="https://www.maxcourse.co.uk/heeyhsom/guestCourseList.asp">https://www.maxcourse.co.uk/heeyhsom/guestCourseList.asp</a>
Leadership and management	Recommended after completion of stage 1, usually during stage 3  Supports sign-off of relevant HiLLOs	NHS Edward Jenner Leadership courses, free for trainees  Deanery courses for Leadership and Management <a href="https://www.maxcourse.co.uk/heeyhsom/guestCourseList.asp">https://www.maxcourse.co.uk/heeyhsom/guestCourseList.asp</a>
Educational training	Discretionary	Train the trainers (deanery run) <a href="https://www.maxcourse.co.uk/heeyhsom/guestCourseList.asp">https://www.maxcourse.co.uk/heeyhsom/guestCourseList.asp</a> Train the trainers Hull, 1 day <a href="https://www.thehils.org.uk/courses">https://www.thehils.org.uk/courses</a> GIC courses: Resus.org
Others	Discretionary	Consultant interview courses: Usually only deanery-delivered courses, which are free  FICM Consultant Intensivist transition courses or conferences  NHS courses: Free courses on patient safety and PSIRF/investigations: Hssib.org.uk
Resus and trauma courses		
ALS	Recommended	Complete in stage 1 and recommended to keep in date <a href="https://www.resus.org.uk/">https://www.resus.org.uk/</a>

EPLS	Recommended	EPLS is preferred over other paediatric resus courses.  Supported within the region; outside of region will be discretionary  erc.org
Trauma courses	Discretionary	Sheffield Major Trauma Course: 1 day <u>alexander.bell3@nhs.net</u> Leeds Chest Wall Trauma Course: 1/2 day
		james.sira@nhs.net
		Leeds Anaesthesia Major Trauma Day: 1 day  lesley.wood1@nhs.net
		European Trauma Course: 3 days Erc.org
CPD from allied specials	ties	
Anaesthesia e-Learning	Might be of interest for topics that cross over to ICM practice	e-learning for health: <a href="https://www.e-">https://www.e-</a> <a href="https://www.e-">lfh.org.uk/programmes/</a>
Paediatric emergency courses	Discretionary	MEPA (Managing Emergencies in Paeds Anaesthesia), Hull, 1 day, around £150 www.thehils.org.uk
		SPECS (Simulated Paeds Emergency Care Scenarios), Hull, 1 day, around £150 www.thehils.org.uk
		CRUMPET (CRoss specialty Multidisciplinary Paediatric Emergency Training), Multiple locations around the

FFICM exam		
FFICM prep website	Recommended	SBA resource (free), created by Y&H ICM trainees:
		https://fficmprep.wordpress.com
FFICM Intensive VIVA /	Recommended	FIVA virtual SOE course - two ½ days
OSCE course (FIVA)		Practice OSCE - ½ day
		FIVA evening tutorials
		Adverts via ICM trainee WhatsApp groups and school website
Out-of-region exam courses including national FICM exam course	Discretionary	No funding available for first attempt. May be considered in individual circumstances for repeat sittings. For a list of courses, see https://ficm.ac.uk/
Private study leave	Discretionary	To be agreed with ES and Faculty tutor, and supported if local department can accommodate  (Max 5 days per exam)
Travel and accommodation	Discretionary	Funding considered for train travel and 1 night accommodation
		(Exam fees are not eligible)
Events, conferences and	d specialist courses	
FICM trainee conferences	Discretionary	https://ficm.ac.uk/
Yorkshire Intensive Care Conference (YICC)	Recommended	School website / Blackboard
Other conferences (national and	Discretionary	Funding will be considered individually. Likely part-funding only
international)		Usually, a maximum of one activity per stage of training (course or conference)

Courses to support	Discretionary	Individual consideration, usually a maximum one activity
professional		per stage of training (course or conference)
development		Funding may be limited / partial