

### Are you a resilient Foundation Doctor about to apply for speciality training in general practice, Acute Care Common Stem (ACCS), paediatrics or internal medicine?

You could be eligible to apply for a Global Health Fellowship through Health Education England.

Don't miss out on this chance to be part of an NHS Global Health Team working in rural South Africa or Uganda.

This one-year 'paid out of programme experience' (after satisfactory completion of ST2) gives Global Health Fellows the unique opportunity to work in a Level 1 rural African Hospital and travel to outreach clinics. As part of a team, you could be treating HIV/Aids, trauma, infectious diseases, obstetrics, paediatrics, anaesthesia and internal medicine.

#### Get involved and make a real difference

- Future opportunities for global humanitarian work
- Work in a diverse multinational team
- Develop clinical and other skills (leadership)
- CV that stands out from the crowd
- Competitive salary
- Support with medical registration, visa and work permit application and planning your overseas deployment
- Lifestyle and recreational opportunities

#### More information?

- Watch this [video](#) for a taste of rural healthcare in South Africa.
- Read our [guidance](#) for doctors planning to work or volunteer overseas.
- Check your [eligibility](#) to apply through the GP national recruitment office website.

#### Find out more

[Visit our recruitment website](#)

Apply through your Deanery Global Health Lead or your Speciality Head of School after starting your ST1 rotation.

[Check out the experiences of previous Global Health Fellows](#)

#### Stuart's reflections on working in South Africa

*"As we approach the end of our time in rural Zululand mixed emotions abound. There is obviously excitement to see loved ones again and to be back in a country where things actually work."*



*"However, I will also be sad to leave a place where you really make a difference, teeming with things to work on, to improve upon. I will miss the craziness (there's no cows in the high street in Bristol!), the musicality, the laughter, the sheer lovable, frustrating insanity of this place. I will also breathe a little sigh of relief that I don't have to face all this woeful misery of a harsh land. In the same breath I salute those that have the strength to have dedicated their lives to this place."*

Stuart Winearls ACCS GHF Kwa-Zulu Natal 2017 (ST3 Specialist registrar in intensive care and respiratory medicine).

# Expand your horizons in rural Africa

## Make a real difference – are you up to the challenge?