

Foundation Training Job Description



Grade	F1
Placement	Community Psychiatry
Department	Recovery Team North (Northlands). The team is a community, multidisciplinary team providing care in the community working age adult patients with severe enduring mental illnesses and established recovery goals and needs.

The type of work to expect and learning opportunities

- Assesses and manages patients' mental health including the risk of harm to self and others and risk in all domains.
- Competences
- Describes and recognises common presenting features of acute mental disorder including disturbance of behaviour, mood, thought/cognition, and perception
- Performs a mental state examination
- Recognises potential risks to patient and health care professionals
- Takes appropriate steps to protect the patient, dependants, self and colleagues from harm
- Considers underlying causes of severe mental disturbance including acute confusional states, psychosis and substance use/withdrawal, early signs of dementia
- Ensures appropriate screening for metabolic, medical and drug induced changes in mental state
- Understands and applies the principles of managing a patient with acute mental disorder and self-harm
- Recognises the need to seek help from appropriate health care professionals
- Understands the importance of liaising with community care and specialist teams to ensure seamless care between acute and long-term care providers
- Understands Accountability in multi-disciplinary and multi-agency mental health teams

There is the opportunity to attend other teams to gain experience, such as the drug and alcohol team, Learning Disability teams etc

Formal learning opportunities whilst in this placement include a weekly Academic programme of Training Events including Grand Rounds, Foundation Balint Groups, Quality improvement Groups, Continuing Professional Development sessions on Wednesday mornings, as well as Teaching and Away Days at the RHH for F1s. Informal learning opportunities arise during supervision in this placement

Where the placement is based	Northlands Community Health Centre Southey Hill Sheffield S5 8BE
Educational and Clinical Supervisor(s) for the placement	Professor Scott Weich, Consultant Psychiatrist
Main duties of the placement	<p>To provide follow up clinics for patients with long term mental health needs.</p> <p>Attend CPA's, weekly multidisciplinary meetings, and provide urgent medical input for recover, through either outpatient appointments, joint assessments or home visits</p> <p>Understand and participate in assessment of duty work -assessment , home visits, asap slots and use appropriate documentation ACP/SCP/clustering/risk/diagnosis</p> <p>Liaise and communicate appropriately with GPs and other referrers about assessment in a way which is concise, compassionate and helpful</p> <p>Participate in MDT meetings and offer support/advice to members of CMHT where appropriate demonstrating good team working skills</p>
Typical working pattern in this placement	9-5 Monday to Friday
Employer	Sheffield Health and Social Care Trust

It is important to note that this description is a typical example of your placement and may be subject to change.