**AKT SUPPORT FOR TRAINEES 2021**

\* readiness to sit based on stage of training/current job/external factors

TRAINEE SUPPORT:

Discussion with CS/ES on readiness to sit\*

3/12 self-study minimum, Peer group study

CS / ES / TPD support

Low threshold for neurodiverse screening

External Support (using study budget) eg aktprep.co.uk, 14F AKT package

TRAINER Support:

Training the trainers AKT course Spring/Autumn school

1 : 1 Support

Up to 3 sessions with AKT Skills Expert

All of above recommendations

Enhanced small group support

Involvement of Trainer in practice

All of above recommendations

Neurodiverse screening (if not already done)

YH Enhanced AKT Support Course

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