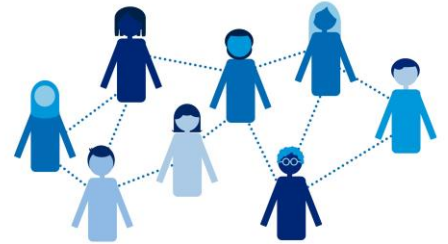


# COMPASSIONATE LEADERSHIP, CULTURE AND WELLBEING

## LOOK AT CULTURE



- How do we do things around here?
- How does it feel to work here?
- How would others describe our workplace?



## LEAD WITH COMPASSION



“Compassionate leadership involves a focus on relationships through careful listening to, understanding, empathising with and supporting other people, enabling those we lead to feel valued, respected and cared for, so they can reach their potential and do their best work”. ([West2021](#)).

## BE SUPPORTIVE

A RECIPE FOR POSITIVE CULTURE



**B** – Belonging

**E** – Empathy

**S** – Shared leadership

**U** – Understanding

**P** – Purpose

**P** – Psychological safety

**O** – Opportunity to influence

**R** – Respect

**T** – Trust

**I** – Inclusion

**V** – Vulnerability

**E** – Effectiveness

## USEFUL RESOURCES



- [The Culture Code](#) by Daniel Coyle
- [Compassionomics](#) by Stephen Trzeciak
- [Caring for doctors, Caring for patients](#), Prof West and Dame Coia
- [Dare to Lead](#) podcast by Brene Brown
- [Kristen Neff on self compassion](#)
- [The Kings Fund on compassionate leadership](#)
- [Compassionate leadership](#) by Manley Hopkinson
- [Compassionate leadership](#) by Prof Michael West
- [The Fearless organisation](#), Amy Edmondson
- [Practitioner Health for well-being tips](#)