

Yorkshire and Humber Foundation School (YHFS)

Application Guidance - F2 Specialised Foundation Programme (SFP) Placement Project

The application form should be completed by the SFP Foundation Doctor in their FY1 year. It should be completed in collaboration with the Academic Supervisor hosting the 4-month research or medical education placement in their FY2 year.

Projects will be assessed against standard criteria as agreed by YHFS faculty and the local Academic Leads.

Principles of the 4-month F2 Research or Medical Education Foundation Placement

- YHFS and the local Medical Schools (University of Sheffield, University of Leeds and Hull York Medical School (HYMS)) have created 81 Specialised Foundation Programmes, allowing 81 Foundation Doctors the opportunity of a 4-month SFP F2 placement in either research or medical education.
- These 4-month SFP F2 placements provide the opportunity for Foundation Doctors to work alongside senior academics and their research and medical education teams to develop their understanding of clinical and basic scientific research or medical education.
- Potential future clinical or medical education doctors can explore their aptitude for and enjoyment of working in an academic environment. For those who choose to, the post will provide time to obtain preliminary data and prepare for application to the next stage in the academic training pathway, the Academic Clinical Fellowship.
- Each SFP F2 rotation comprises three placements, each of 4 months duration (two clinical and one academic, either clinical research or medical education).
- Two placements will provide clinical training within specialist units at their NHS Trust(s). The third 4-month placement will be dedicated to research training or medical education training. This placement, although intended to have no service commitments, will provide opportunities if required, to help those Doctors acquire the F2 competencies for successful completion of their F2 training period.
- A portfolio of potential supervisors within the Medical Schools will be made available to the SFP Foundation Doctors in their F1 year.

- If a Foundation Doctor has an ongoing research project within their Medical School or has a prior research or medical education interest as an undergraduate, it may also be possible for them to continue with this work during their placement. This is subject to the availability of suitable supervision arrangements and where a “personal” project is being submitted, the application will be looked at carefully to make sure that appropriate competences will be met.
- In addition to being released for Foundation training, SFP Foundation Doctors will be offered the opportunity to attend other research training events organised by the Medical Schools where possible.
- The F2 SFP Doctor will be expected to have completed a literature review, a presentation of their project and written up their project within the 4-month academic placement. These three outputs will be formally assessed by their named Academic Supervisor.
- There is an annual YHFS SFP Presentation Day for all F2 SFP Doctors. There will be the opportunity for all F2 SFP Doctors to submit a poster presentation. A selection of doctors will be able to give an oral presentation at the event
- Further information about the Academic programme is available on the [UKFPO website](#) and the [YHFS website](#).
- Where there are a limited number of placements for each project, if there are several doctors that wish to do the same project, we will ask you to preference the placements in numerical order and you will be allocated by your PIA number.
- If you have adequate support to complete a “new / novel” project that is not listed, it will be considered via your application. “New or novel” projects must however support all the principles of the Foundation programme and be supervised by an experienced Academic supervisor, who can provide the adequate support and training required. It is strongly recommended that if you do plan a “new / novel” programme that you start as early as possible ensuring all the requirements are met.

SFP Placement Matching Timeline

Date	Event
August	F1 start
September	Local Medical School Induction
September - April	SFP Doctors to meet with potential supervisors and agree applications using the application form.
31 March 2026	Deadline for submission of Placement Application Form
April	Local allocation panel meetings
30 April 2026	Confirmation of F2 Placement from Medical School
May - June	Trainee to arrange to meet with their Academic supervisor
August	F2 start
June 2026	YHFS SFP Presentation Day

4 Month F2 Placements Available in East Yorkshire (EY)

Research	21	Hull, Scarborough or York
Medical Education	3	Hull

4 Month F2 Placements Available in West Yorkshire (WY)

Research	18	Leeds
Medical Education	3	Leeds

4 Month F2 Placements Available in South Yorkshire (SY)

Research	15	9 Sheffield, 6 Doncaster
Medical Education	18	12 Sheffield, 6 Barnsley
Medical Education	3	Doncaster (F1 in DPOW, Grimsby)

Further information about example projects is available on our website:

Instructions for Submitting the Application Form

Deadline for Submission of Placement Form:	31st March 2026
Submission of Completed Application Form:	To be completed on MS Forms. Link is below Please note: The Foundation School will arrange for the Medical School to review the forms
Approval confirmation:	30th April 2026

Please complete the form by the deadline. If you have any queries, please contact the YHFS Foundation Team via england.foundation.yh@nhs.net

For information – the following competencies are a guide to your (essential) Specialised Foundation curriculum goals. Please see the full [competencies guidance](#) on our website.

Medical Education

No.	Competency	Evidence
1	Describes and applies the principles that underpin curriculum development	Knowledge and understanding of the new course curriculum
2	Constructs and undertakes a Needs Analysis plan	Clear description of the intended training solution and how that training solution will be implemented
3	Develops patient centred educational and clinical outcomes	Knowledge and understanding of the new course curriculum
4	Identifies and designs a feedback tool	Feedback from participants
5	Appropriately reflects on feedback and adjusts the programme accordingly	Feedback from peers/supervisors
6	Describes and critically appraises the major pedagogic theories	Understanding of Pedagogical theories i.e. the study of the theory and practice of education
7	Applies these pedagogic theories to different professional groups at different career stages in different settings	Medical Students/Doctors/Nurses Large/small groups Seminar rooms/lecture theatres
8	Adapts teaching style, as appropriate, during learning events	Teaching-learning arrangements and methods Relationship to pupils and learning environment Lesson Plans

Clinical Research

No.	Competency	Evidence
1	Identifying a research supervisor / key stakeholders / collaborator	Organises meetings with research supervisor / stakeholders / collaborators Emails / notes of meetings
2	Identifying a research topic / systematic review of literature	Describes different research methods available / Written synthesis of literature which has been searched through a structured/systematic process and appraised.
3	Defining a research question	Formulates a credible / realistic research question
4	Observational and experimental research design / developing a research proposal	Develops mechanisms to ensure translation of the research into the clinical setting
5	Critical appraisal of a paper / topic	Step by step / checklist
6	Carrying out a study / experiment	Description of systematic and scientific methods / approach used Reflective writing
7	Qualitative data collection, statistical analysis, interpretation and presentation	Evidence of appropriate statistical data Data is collected, analysed and presented
8	Poster Design	Completed Poster
9	Familiarisation of research ethics and how it is monitored	Describes the general ethical principles that underpin research Describes the process for ethical approval
10	Knowledge of issues around misuse of research	Ability to recognise misuse of research and describe what should be done if a project proposal raises concerns
11	Research and integrity (awareness of complex dilemmas in scientific research)	Knowledge of robust practice across the full <i>research</i> process i.e., the planning and conduct of <i>research</i> , the recording and reporting of results, and the dissemination, application and exploitation of findings
12	Understanding PPIE (Patient and Public Involvement and Engagement)	Recognising the value of PPIE