

# Trauma & Orthopaedic Surgery National Recruitment

## 2025 Preference List

The following pages contain details of the posts which are currently available for you to preference for the Trauma and Orthopaedic Surgery national recruitment process.

Preferences must be submitted on-line by **12:00 (noon) on Monday 14 April 2025** using the Oriel system which can be accessed at <https://www.oriel.nhs.uk/Web/>

Information about submitting preferences and receiving offers can be found in the [2025 T&O Applicant Handbook](#). You are advised to read this document thoroughly before submitting your preferences. The Applicant Handbook also includes links to NHSE Local Offices/Regions and NHS Education for Scotland.

## Submitting your Preferences

Please consult the [Oriel Applicant User Guide](#) if you encounter any difficulties selecting preferences via the Oriel system.

There are two lists labelled “Preference” and “Not Wanted”. By default all preferences will appear in the “Not Wanted” list. You can move preferences between the two lists by dragging and dropping individual preferences from one list to the other. Once you have moved preferences to the “Preference” list, you can move them up and down by dragging and dropping individual preferences. You should put your preferences in rank order with your most preferred option at the top of the list and your least preferred option at the bottom. **If you do not complete your preferences before the deadline they will remain in the “Not Wanted” list and you will receive no offers.**

**Please note:** There is no advantage to be gained by ranking preferences with the most posts high up your preference list. There is also no disadvantage to ranking a preference with few (or even zero) posts high up your list.

**If you would be not prepared to accept a particular post, then you should not rank it.** By ranking a preference you are stating that you would be prepared to accept that preference. **If you are offered a post and you reject it you will receive no further offers.** It is important that you think carefully about this when completing your preferences and leave any posts that you would not be prepared to accept in the “Not Wanted” list.

## 2025 Preferences

Local Office/Region	Offer Code	Grade	Start date	Duration	Places Available	Description
NHSE - East Midlands	East Midlands - North - ST3 - Oct - 1	ST3	01/10/2025	72	1	East Midlands North rotation, commencing October 2025 - expected to commence at Royal Derby Hospital
	East Midlands - South - ST3 - Aug - 2	ST3	06/08/2025	72	1	East Midlands South rotation, starting location to be confirmed
	East Midlands - South - ST3 - Oct - 3	ST3	01/10/2025	72	1	East Midlands South rotation, starting location to be confirmed
	East Midlands – North – ST3 – Apr - 4	ST3	01/04/2026	72	3	East Midlands North rotation, commencing 1 April 2026, starting location to be confirmed
NHSE – East of England	East of England – Cambridgeshire – Cambridge - ST3 - Aug - 5	ST3	06/08/2025	72	2	Rotations to commence Addenbrooke's Hospital, Cambridge. Further rotations to be confirmed by TPD but will include Norfolk & Norwich Hospital, Norwich and Addenbrooke's Hospital, Cambridge. Please note rotations are subject to change.
	East of England – Cambridgeshire - Cambridge - ST3 - Oct - 6	ST3	01/10/2025	72	1	Rotations to commence Addenbrooke's Hospital, Cambridge. Further rotations to be confirmed by TPD but will include Norfolk & Norwich Hospital, Norwich and Addenbrooke's Hospital, Cambridge. Please note rotations are subject to change.
	East of England – Norfolk - Norwich - ST3 – Aug - 7	ST3	06/08/2025	72	2	Rotations to commence Norfolk & Norwich Hospital, Norwich. Further rotations to be confirmed by TPD but will include Norfolk &

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						Norwich Hospital, Norwich and Addenbrooke's Hospital, Cambridge. Please note rotations are subject to change.
	East of England – Norfolk – Great Yarmouth - ST3 - Oct - 8	ST3	01/10/2025	72	2	Rotations to commence James Paget Hospital, Gt Yarmouth. Further rotations to be confirmed by TPD but will include Norfolk & Norwich Hospital, Norwich and Addenbrooke's Hospital, Cambridge. Please note rotations are subject to change.
	East of England – Cambridgeshire - Peterborough - ST3 - Apr - 9	ST3	01/04/2026	72	1	Rotations to commence Peterborough City Hospital. Further rotations to be confirmed by TPD but will include Norfolk & Norwich Hospital, Norwich and Addenbrooke's Hospital, Cambridge. Please note rotations are subject to change.
	East of England – Suffolk - Ipswich - ST3 - Oct - 10	ST3	01/10/2025	72	1	Rotations to commence Ipswich Hospital. Further rotations to be confirmed by TPD but will include Norfolk & Norwich Hospital, Norwich and Addenbrooke's Hospital, Cambridge. Please note rotations are subject to change.
	East of England – Norfolk – Kings Lynn - ST3 – Oct - 11	ST3	01/10/2025	72	3	Rotations to commence Queen Elizabeth Hospital, Kings Lynn. Further rotations to be confirmed by TPD but will include Norfolk & Norwich Hospital, Norwich and Addenbrooke's Hospital, Cambridge. Please note rotations are subject to change.
	East of England – Essex - Southend - ST3 - Oct - 12	ST3	01/10/2025	72	3	Rotations to commence Southend Hospital. Further rotations to be confirmed by TPD but will include Norfolk & Norwich Hospital, Norwich and Addenbrooke's Hospital, Cambridge. Please note rotations are subject to change.
	East of England – Essex - Basildon - ST3 - Oct - 13	ST3	01/10/2025	72	2	Rotations to commence Basildon Hospital. Further rotations to be confirmed by TPD but will include Norfolk & Norwich Hospital, Norwich and Addenbrooke's Hospital, Cambridge. Please note rotations are subject to change.
	East of England – Hertfordshire - Watford - ST3 - Oct - 14	ST3	01/10/2025	72	2	Rotations to commence Watford Hospital. Further rotations to be confirmed by TPD but will include Norfolk & Norwich Hospital, Norwich and Addenbrooke's Hospital, Cambridge. Please note rotations are subject to change.
	East of England – Essex - Chelmsford - ST3 - Oct - 15	ST3	01/10/2025	72	1	Rotations to commence Broomfield Hospital, Chelmsford. Further rotations to be confirmed by TPD but will include Norfolk & Norwich Hospital, Norwich and Addenbrooke's Hospital, Cambridge. Please note rotations are subject to change.

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<b>NHSE – Kent, Surrey &amp; Sussex</b>	Kent, Surrey and Sussex - ST3 - Oct - 16	ST3	01/10/2025	72	14	Posts in Kent, Surrey and Sussex commencing October 2025. Posts to be confirmed at a later date.
<b>NHSE – London Recruitment</b>	North London - North Central East London - ST3 - Oct - 17	ST3	01/10/2025	72	1	UCLH Rotation - Starting October 2025 - First rotation will be at Barnet Hospital.
	North London - North Central East London - ST3 - Oct – 18	ST3	01/10/2025	72	1	UCLH Rotation - Starting October 2025 - First rotation will be at Barnet Hospital.
	North London - North Central East London - ST3 - Oct – 19	ST3	01/10/2025	72	1	UCLH Rotation - Starting October 2025 - First rotation will be at The Whittington Hospital.
	North London - North Central East London - ST3 - Oct - 20	ST3	01/10/2025	72	1	UCLH Rotation - Starting October 2025 - First rotation will be at North Middlesex Hospital.
	North London - North Central East London - ST3 - Oct - 21	ST3	01/10/2025	72	1	UCLH Rotation - Starting October 2025 - First rotation will be at The Royal National Orthopaedic Hospital (Stanmore).
	North London - North Central East London - ST3 - Oct - 22	ST3	01/10/2025	72	1	UCLH Rotation - Starting October 2025 - First rotation will be at Whipps Cross University Hospital.
	North London - North Central East London - ST3 - Oct - 23	ST3	01/10/2025	72	1	UCLH Rotation - Starting October 2025 - First rotation will be at Great Ormond Street Hospital.
	North London - North Central East London - ST3 - Oct - 24	ST3	01/10/2025	72	1	Percival Pott Rotation - Starting October 2025 - First rotation will be at Queen's Hospital.
	North London - North Central East London - ST3 - Oct - 25	ST3	01/10/2025	72	1	Percival Pott Rotation - Starting October 2025 - First rotation will be at The Royal London Hospital.
	North London - North Central East London - ST3 - Oct - 26	ST3	01/10/2025	72	1	Royal London Rotation - Starting October 2025 - First rotation will be at The Royal London Hospital.
	North London - North Central East London - ST3 - Oct - 27	ST3	01/10/2025	72	1	Royal London Rotation - Starting October 2025 - First rotation will be at The Royal London Hospital.
	North London - North Central East London - ST3 - Oct - 28	ST3	01/10/2025	72	1	Royal London Rotation - Starting October 2025 - First rotation will be at The Royal London Hospital.
	North London - North Central East London - ST3 - Oct - 29	ST3	01/10/2025	72	1	Royal London Rotation - Starting October 2025 - First rotation will be at The Royal London Hospital.
	South London - ST3 - Oct - 30	ST3	01/10/2025	72	1	South West Rotation - Starting October 2025 - First rotation will be at Croydon University Hospital

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	South London - ST3 - Oct - 31	ST3	01/10/2025	72	1	South West Rotation - Starting October 2025 - First rotation will be at St.Georges Hospital.
	South London - ST3 - Oct - 32	ST3	01/10/2025	72	1	South West Rotation - Starting October 2025 - First rotation will be at either Epsom and St.Helier University Hospital or Kingston Hospital.
	South London - ST3 - Oct - 33	ST3	01/10/2025	72	1	South East Rotation - Starting October 2025 - First rotation will be at The Great Western Hospital.
	South London - ST3 - Oct - 34	ST3	01/10/2025	72	1	South East Rotation - Starting October 2025 - First rotation will be at University Hospital Lewisham.
	South London - ST3 - Oct - 35	ST3	01/10/2025	72	1	South East Rotation - Starting October 2025 - First rotation will be at King's College Hospital.
<b>NHSE - North East</b>	North East - ST3 - Aug - 36	ST3	06/08/2025	72	6	Starting placements to be confirmed by TPD after appointment. For further information please visit; <a href="https://madeinheene.hee.nhs.uk/trauma_and_orthopaedics">https://madeinheene.hee.nhs.uk/trauma_and_orthopaedics</a>
	North East - ST3 - Sep - 37	ST3	01/09/2025	72	1	Starting placements to be confirmed by TPD after appointment. For further information please visit; <a href="https://madeinheene.hee.nhs.uk/trauma_and_orthopaedics">https://madeinheene.hee.nhs.uk/trauma_and_orthopaedics</a>
	North East - ST3 - Oct - 38	ST3	04/10/2025	72	0	Starting placements to be confirmed by TPD after appointment. For further information please visit; <a href="https://madeinheene.hee.nhs.uk/trauma_and_orthopaedics">https://madeinheene.hee.nhs.uk/trauma_and_orthopaedics</a>
	North East - ST3 - Dec - 39	ST3	05/12/2025	72	1	Starting placements to be confirmed by TPD after appointment. For further information please visit; <a href="https://madeinheene.hee.nhs.uk/trauma_and_orthopaedics">https://madeinheene.hee.nhs.uk/trauma_and_orthopaedics</a>
	North East - ST3 – Feb - 40	ST3	05/02/2026	72	2	Starting placements to be confirmed by TPD after appointment. For further information please visit; <a href="https://madeinheene.hee.nhs.uk/trauma_and_orthopaedics">https://madeinheene.hee.nhs.uk/trauma_and_orthopaedics</a>
<b>NHSE - North West</b>	North West - Cheshire and Merseyside - ST3 - Aug - 41	ST3	06/08/2025	72	6	August 2025 - Trauma and orthopaedic surgery ST3 - NHS England - North West (Cheshire and Merseyside Sector): Training will be across the Cheshire and Merseyside sector of the NHS England - North West Region. For further information please visit

Local Office/Region	Offer Code	Grade	Start date	Duration	Places Available	Description
						<a href="https://www.nwpgmd.nhs.uk/Specialty_Schools/Surgery/Trauma_and_Orthopaedic/West">https://www.nwpgmd.nhs.uk/Specialty_Schools/Surgery/Trauma_and_Orthopaedic/West</a>
	North West - Cheshire and Merseyside - ST3 - Feb - 42	ST3	04/02/2026	72	1	February 2026 - Trauma and orthopaedic surgery ST3 - NHS England - North West (Cheshire and Merseyside Sector): Training will be across the Cheshire and Merseyside sector of the NHS England - North West Region. For further information please visit <a href="https://www.nwpgmd.nhs.uk/Specialty_Schools/Surgery/Trauma_and_Orthopaedic/West">https://www.nwpgmd.nhs.uk/Specialty_Schools/Surgery/Trauma_and_Orthopaedic/West</a>
	North West - Greater Manchester, Lancashire and South Cumbria - ST3 - Feb - 43	ST3	06/08/2025	72	8	August 2025 - Trauma and orthopaedic surgery ST3 - NHS England - North West (Greater Manchester, Lancashire and South Cumbria Sector): Training will be across the Greater Manchester, Lancashire and South Cumbria sector of the NHS England - North West Region. For further information please visit <a href="https://www.nwpgmd.nhs.uk/Specialty_Schools/Surgery/Trauma_and_Orthopaedic/East">https://www.nwpgmd.nhs.uk/Specialty_Schools/Surgery/Trauma_and_Orthopaedic/East</a>
	North West - Greater Manchester, Lancashire and South Cumbria - ST3 - Feb - 44	ST3	04/02/2026	72	1	February 2026 - Trauma and orthopaedic surgery ST3 - NHS England - North West (Greater Manchester, Lancashire and South Cumbria Sector): Training will be across the Greater Manchester, Lancashire and South Cumbria sector of the NHS England - North West Region. For further information please visit <a href="https://www.nwpgmd.nhs.uk/Specialty_Schools/Surgery/Trauma_and_Orthopaedic/East">https://www.nwpgmd.nhs.uk/Specialty_Schools/Surgery/Trauma_and_Orthopaedic/East</a>
<b>NHS Education for Scotland</b>	Scotland Deanery - West Region - ST3 - Aug - 45	ST3	06/08/2025	72	3	West Scotland ST3
	Scotland Deanery - West Region - LAT3 - 6M - Aug - 46	LAT3	06/08/2025	6	0	West Scotland LAT 6 months
	Scotland Deanery - West Region - LAT3 - 12M - Aug - 47	LAT3	06/08/2025	12	2	West Scotland LAT 12 months
	Scotland Deanery - South East Region - ST3 - Aug - 48	ST3	06/08/2025	72	0	South East Scotland ST3
	Scotland Deanery - South East Region - LAT3 - 6M - Aug - 49	LAT3	06/08/2025	6	0	South East Scotland LAT 6 months
	Scotland Deanery - South East Region - LAT3 - 12M - Aug - 50	LAT3	06/08/2025	12	0	South East Scotland LAT 12 months

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	Scotland Deanery - North Region - ST3 - Aug - 51	ST3	06/08/2025	72	0	North Scotland ST3
	Scotland Deanery - North Region - LAT3 - 6M - Aug - 52	LAT3	06/08/2025	6	0	North Scotland LAT 6 months
	Scotland Deanery - North Region - LAT3 - 12M - Aug - 53	LAT3	06/08/2025	12	0	North Scotland LAT 12 months
	Scotland Deanery - East Region - ST3 - Aug - 54	ST3	06/08/2025	72	0	East Scotland ST3
	Scotland Deanery - East Region - LAT3 - 6M - Aug - 55	LAT3	06/08/2025	6	0	East Scotland LAT 6 months
	Scotland Deanery - East Region - LAT3 - 12M - Aug - 56	LAT3	06/08/2025	12	0	East Scotland LAT 12 months
<b>NHSE - South West</b>	South West - Peninsula - Cornwall - ST3 - Aug - 57	ST3	06/08/2025	72	2	First placement Cornwall. Subsequently required to rotate to other trusts within the programme.
	South West - Peninsula - ST3 - Aug - 58	ST3	06/08/2025	72	0	
	South West - Severn - ST3 - Aug - 59	ST3	06/08/2025	72	6	
	South West – Severn – ST3 – Sep - 60	ST3	01/09/2025	72	1	
	South West - Severn - ST3 - Oct - 61	ST3	01/10/2025	72	0	Start Date in October 2025, exact date to be confirmed
	South West – Peninsula – Exeter – ST3 – Aug - 73	ST3	06/08/2025	72	0	
	South West – Severn – St3 – Feb - 74	ST3	04/02/2026	72	0	
<b>NHSE - Thames Valley</b>	Thames Valley Oxford - ST3 - Sep - 62	ST3	07/09/2025	72	1	
	Thames Valley Oxford - ST3 - Sep - 63	ST3	07/09/2025	72	1	

Local Office/Region	Offer Code	Grade	Start date	Duration	Places Available	Description
	Thames Valley Oxford - ST3 - Sep - 64	ST3	07/09/2025	72	1	
	Thames Valley Oxford - ST3 - Sep - 65	ST3	07/09/2025	72	1	
<b>NHSE - Wessex</b>	Wessex - ST3 - Sep - 66	ST3	03/09/2025	72	2	Posts will rotate through Wessex geographical area. Initial placement will be allocated after appointment
	Wessex – ST3 – Mar - 75	ST3	04/03/2026	72	1	Posts will rotate through Wessex geographical area. Initial placement will be allocated after appointment
<b>NHSE - West Midlands</b>	West Midlands - ST3 - Aug – 67	ST3	06/08/2025	72	10	Birmingham T&O Training Programme - HEE West Midlands, Please note this placement may be changed if the location does not meet the educational requirements of the trainee.
	West Midlands - ST3 - Aug – 68	ST3	06/08/2025	72	5	Warwick T&O Training Programme - HEE West Midlands, Please note this placement may be changed if the location does not meet the educational requirements of the trainee.
	West Midlands - ST3 - Aug - 69	ST3	06/08/2025	72	5	Stoke T&O Training Programme - HEE West Midlands, Please note this placement may be changed if the location does not meet the educational requirements of the trainee.
<b>NHSE - Yorkshire and the Humber</b>	Yorkshire and the Humber – West/East - ST3 - Oct - 70	ST3	01/10/2025	72	10	Trauma & Orthopaedic Surgery programme based in Yorkshire and the Humber (North) <a href="https://www.yorksandhumberdeanery.nhs.uk/surgery/trauma_orthopaedics">https://www.yorksandhumberdeanery.nhs.uk/surgery/trauma_orthopaedics</a>
	Yorkshire and the Humber – South - ST3 - Oct - 71	ST3	01/10/2025	72	4	Trauma & Orthopaedic Surgery programme based in Yorkshire and the Humber (South) <a href="https://www.yorksandhumberdeanery.nhs.uk/surgery/trauma_orthopaedics">https://www.yorksandhumberdeanery.nhs.uk/surgery/trauma_orthopaedics</a>
	Yorkshire and the Humber – South - ST3 - Apr - 72	ST3	01/04/2026	72	1	Trauma & Orthopaedic Surgery programme based in Yorkshire and the Humber (South) <a href="https://www.yorksandhumberdeanery.nhs.uk/surgery/trauma_orthopaedics">https://www.yorksandhumberdeanery.nhs.uk/surgery/trauma_orthopaedics</a>