NHS England

Foundation Training Job Description

Grade	Foundation Year 1 (F1)
Placement	Elderly Care Medicine
Department	During a placement in Elderly Care Medicine, the F1 doctor will be assigned to an elderly medicine base ward. The ward-based team system means that the F1 doctor may also be asked to cover other medical wards. These teams work closely with General Medical specialties (including respiratory, cardiology, diabetes/endocrine and gastroenterology) as well as Acute Medical teams. There is a Critical Care Outreach Team (CCOT) which includes experienced ITU/HDU staff who assist with the management of acutely ill patients on the wards. Support facilities include a stroke unit, CCU, ARCU, HDU/ICU, CT, MRI, coronary angiography, permanent pacemaker fitting and endoscopy/bronchoscopy services are provided on site. Other specialist medical teams include stroke medicine, neurology, rheumatology, rehabilitation medicine, palliative care, haematology and oncology (the latter based on the Haematology and Oncology Day unit).
The type of work to expect and learning opportunities	During your placement you will be exposed to the key aspects of management of the frail elderly. This will include, common presentations of ill health, safe prescribing & management of polypharmacy, management of frailty & complexity, limitations to treatment & end of life decision-making & end of life care. You will gain experience of comprehensive geriatric assessment as part of the multidisciplinary team. Educational Opportunities: - Weekly FY1 tutorials in protected bleep-free time - Generic Skills / Professional Development FY1 Programme - Weekly x-ray meeting - Monthly Grand Round

	- Weekly departmental teaching programs - Learning on the Job: Ward rounds and informal teaching from peers, middle grade and consultant staff - E-learning resources to support induction and ongoing professional development
Where the placement is based	Airedale NHS Foundation Trust
Educational and Clinical Supervisor(s) for the placement	Educational Supervisor and Clinical Supervisor will be allocated to you on Horus by the Foundation Administrator in the Trust
Main duties of the placement	Responsibilities include: - Day to day assessment of patients including ward round reviews, clinical reviews of unwell patients and clerking of new admissions - Arranging investigations and interpreting results - Initiating treatment plans - Discharge planning and e-discharge notifications - Communicating with patients, relatives, and other staff - Working closely with staff in your own and other specialty teams - Maintaining patient safety and participating in clinical governance The above roles will be undertaken with the support and supervision of more senior colleagues including doctors, nurses and allied health professionals. There will also be an on-call responsibility during this placement.
Typical working pattern in this placement	The FY1 doctors are part of the medical on call rota which covers both medical and elderly admissions as well as providing cover to the wards out-of-hours. The block of on call work includes working long days, weekends and night shifts. You will be working generically for any cases admitted to the AAU, as well as providing medical cover for general medical and elderly medical inpatients.
Employer	Airedale NHS Foundation Trust

It is important to note that this description is a typical example of your placement and may be subject to change.

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