

# Foundation Training Job Description

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| <b>Employer</b>                                                 | <b>Bradford District Care Trust</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Grade</b>                                                    | <b>Foundation Year 1</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Placement</b>                                                | <b>General Psychiatry</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Department and Base</b>                                      | <p><b>Department</b><br/>Lynfield Mount Hospital, Bradford</p> <p><b>Base</b><br/>Heights Lane, Daisy Hill, Bradford, BD9 6DP</p> <p>Inpatient wards at Lynfield Mount Hospital:</p> <ul style="list-style-type: none"> <li>• 3 forensic male wards (Thorton ward 12 beds, Baildon 10 beds, Ilkley ward 11 beds)</li> <li>• Ashbrook ward (acute female ward, 25 beds)</li> <li>• Maplebeck ward (acute male ward, 21 beds)</li> <li>• Oakburn ward (acute male ward, 21 beds)</li> <li>• Dementia Assessment Unit (Old Age Dementia Unit, mixed gender, 22 beds)</li> <li>• Clover ward (Psychiatric Intensive Care Unit mixed gender, 10 beds)</li> <li>• Step Forward Centre (Rehabilitation ward, mixed gender, 12 beds)</li> <li>• Najurally Centre (Learning Disability ward, mixed gender, 8 beds)</li> </ul> |
| <b>Foundation Training Programme Director/s (FTPD)</b>          | Your FTPD will be allocated on Horus by the Foundation Administrator of the Trust.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Educational and Clinical Supervisor(s) for the placement</b> | ES and CS will be allocated on Horus by the Foundation Administrator of the Trust.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Main duties of the placement</b>                             | FY1 doctors will work with a single consultant psychiatrist involved in the care of their patients on the male and female wards and receive Clinical supervision from that Consultant Psychiatrist. There will be considerable opportunity to integrate into the inpatient MDT, which will include other                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |

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|                                                  | <p>Psychiatric Trainees of all levels, Inpatient Mental Health Nurses, Occupational Therapists, and Psychologists.</p> <p>FY1 doctors will gain exposure to a wide range of psychiatric presentations, and will be fully involved in the admission process/and gain experience in psychiatric history taking/Mental state examination/Risk.</p> <p>They will be encouraged to participate in delivering basic psychological therapies and gain experience of the use of psychotropic medication.</p> <p>There is scope to go off the ward to do outpatient work and see other wards with prior agreement/arrangement from their CS.</p>                                                                                                                                                                                                                                                                                                                            |
| <b>Typical working pattern of this placement</b> | <p>Monday to Friday: 9:00am to 5:00pm</p> <p>Weekend on-calls shifts in a 'shadowing' capacity (i.e. under the formal supervision of the on-call doctor)</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Placement learning opportunities</b>          | <p>Trainees will take part in Trust Induction at the start of their placement, which includes mandatory training, as well as knowledge of the Trust's Electronic Patient record system, and will be expected to diligently do clinical documentation.</p> <p>Trainees are expected to attend both their Foundation School teaching as well as our in-house teaching held on Wednesday afternoons (protected time) and meet with their Clinical Supervisors not less than 1 hour weekly.</p> <p>There is ample opportunity to take part in Audit for the motivated Trainee, as well as have taster sessions in other Specialities in the Mental Health Trust (based on discussion with Clinical Supervisor and Service commitments)</p> <p>There is a 1-hour weekly Balint group (group psychology group for resident Drs) which is protected time.</p> <p>There is a dedicated research department and therefore scope to be involved in formal research work.</p> |

It is important to note that this description is a typical example of your placement and may be subject to change.