

Specialised Foundation Programme Self-Assessment Guidance

For the 2023/24 cohort we will be using a combination of EPM score, white space questions and a self-Assessment tool to allocate trainees based on their score and programme preferences. Instructions for completing the self-assessment are detailed below.

Step One-Review both self-assessment tools

- There are **TWO** self-assessments available at the bottom of the page on the YHFS website [here](#). Please review both the **ACADEMIC SELF-ASSESSMENT** and the **SKILLS BASED SELF-ASSESSMENT**.

Step Two- Decide which self-assessment scoresheet to complete

- It is up to you to decide which self-assessment scoresheet you would like to submit. You are advised to select the self-assessment which gives you the opportunity to acquire the most marks. **PLEASE DO NOT COMPLETE BOTH FORMS.**
- Both self-assessment scoresheets are available on Microsoft Forms. (Examples are available on the YHFS website)
 - The link for ACADEMIC SELF-ASSESSMENT SCORESHEET is available here <https://forms.office.com/r/Pvd1eJDdZy>
 - The link for the SKILLS BASED SELF-ASSESSMENT SCORESHEET is available here <https://forms.office.com/r/pACirvfVfv>
- All candidates are expected to complete a self-assessment scoresheet. Failure to complete **ONE** of these scoresheets will result in you being excluded from the allocation process.

Step Three-Completing the self-assessment scoresheet

- Both forms contain **TWO** white space questions which you **MUST** complete.
- Please read through the self-assessment you decide to use very carefully. You must select **ONE** score for each domain unless you have been instructed otherwise. If you do not have evidence of an achievement or qualification for a domain, then select **NONE**.
- Please be mindful of the fact points are only awarded for the option which attracts the highest score.
- Please select the score that best fits your position **NOW** i.e., if you have submitted a paper for publication but it has not yet been accepted you cannot claim points for this.
- Candidates must be aware that the same evidence cannot be scored in more than one domain.

Step Four- Submitting your self-assessment scoresheet

- Please ensure you have completed all sections of the form.
- You are **NOT** required to provide evidence when you submit your self-assessment. If you receive an offer of a post, we will then ask you to submit **ALL** your evidence to be verified. If you fail to submit your evidence by the deadline, or it does not support your self-selected scores for your self-assessment, your offer of a post will be withdrawn.

Thank you for taking the time to read these instructions. If you have difficulty accessing the self-assessment or any questions about the self-assessment, please feel free to contact me (sanah.sajawal@hee.nhs.uk) or YHFS (foundation.yh@hee.nhs.uk).