

ACADEMIC SELF-ASSESSMENT

1. Additional Degrees and Qualifications: Where an applicant has two additional degrees, points are only awarded for the degree which attracts the highest score.		
Descriptors	Scores	Guidance
None	0	
2.2 BSc (BA or similar) prior to starting medicine or First-class or 2.1 Intercolated BSc (BMedSci or BA or similar) achieved without prolonging the conventional 5 years medical course.	2	
2.1 BSc (BA or similar) prior to starting medicine or 2.1 Intercolated BSc (BA or similar) prolonging the duration of medical studies beyond the conventional 5 years.	4	
First-class BSc (BA or similar) prior to starting medicine or First-class intercolated BSc (or BA or similar/higher degree) prolonging the duration of medical studies beyond the conventional 5 years.	6	
Post graduate Master's level degree (MRes, MSc, MA).	8	You undertook a specific course (separate from bachelor's degree), this could be full time over one academic year or part-time over multiple years.
Examples of Acceptable Evidence		
Evidence not listed may be acceptable if it can be validated		
<ul style="list-style-type: none"> Original degree certificate 		
2. Prizes and Awards: Where an applicant has more than one prize/award, points are only awarded for the prize/award which attracts the highest score.		
Descriptors	Scores	Guidance
None	0	
I have been awarded one or more undergraduate prize/award from my medical school.	2	You came first, second or third place.
I have been awarded a recognised prize/award for my role in sports, music, drama, business, or community initiatives.	2	You came first, second or third place.
I have been awarded a national prize/award related to medicine, Quality Improvement, research, leadership, or education.	3	<p>You came first, second or third place.</p> <p>You may only claim this if the prize/award was open to medical undergraduates and/or postgraduates in the country of training.</p> <p>This can be an essay prize from a Royal College, British Association of..., The Royal Society of Medicine, charity or a prize/award for best poster or oral presentation.</p>

Examples of Acceptable Evidence		
Evidence not listed may be acceptable if it can be validated		
<ul style="list-style-type: none"> Original letter from medical school Original prize/ award certificate 		
<p>3. Presentations/Posters: Presentations should be medical in focus. Where an applicant has more than one presentation/poster, points are only awarded for the presentation which attracts the highest score. You may only claim points if you made the presentation or were present for a poster question and answer session.</p>		
Descriptors	Scores	Guidance
None	0	
<p>I have given an oral presentation, where I was the first or second author at a local medical meeting(s).</p> <p>I have shown one or more posters, where I was the first or second author at a local or regional medical meeting(s).</p>	2	<p>You were invited/selected to present your work.</p> <p>Local means participation is confined to a local hospital or university setting.</p> <p>Regional means participation is confined to, a county, medical training region, health authority, or a recognised cluster of hospitals, extending beyond a city.</p>
I have given an oral presentation, where I was the first or second author at a regional medical meeting(s).	4	You were invited/selected to present your work.
I have shown one or more posters, where I was the first or second author at national or international medical meeting(s).	6	<p>You were invited/selected to present your work.</p> <p>National means that participation is routinely extended to, and accepted by, anyone in the country; as implied, international means participation extends beyond this.</p>
I have given an oral presentation where I was the first or second author at a national or international medical meeting(s).	8	You were invited/selected to present your work.
Examples of Acceptable Evidence		
Evidence not listed may be acceptable if it can be validated		
<ul style="list-style-type: none"> Original presentation Original poster 		
<p>4. Publications: articles must have been accepted in a peer reviewed PubMed indexed journal. Publications should be medically focused (scientific, clinical, educational or leadership). Where an applicant has more than one publication, points are only awarded for the publication which attracts the highest score.</p>		
Descriptors	Scores	Guidance
None	0	
I am first author, joint-first author, or co-author of one publication.	3	This includes article, review, case report, letter, etc.
I am first author, joint-first author, or co-author of two or more publications.	4	

I am co-author of one original research publication.		
I am co-author of two or more original research publications.	6	
I am first author, or joint-first author, of one original research publication.		
I am first author, or joint-first author, of two or more original research publications.	8	You need to be first, joint-first or co-author in all of the publications to which you refer.
Examples of Acceptable Evidence		
Evidence not listed may be acceptable if it can be validated		
<ul style="list-style-type: none"> • Copy of publication including PubMed number or link to publication • Proof of acceptance. 		
5. Teaching- Where an applicant has designed or organised more than one teaching programme, points are only awarded for the teaching programme which attracts the highest score. You may only claim points if you were actively involved in the teaching session.		
Descriptors	Scores	Guidance
None	0	
I have taught students (school aged children, sixth form students, medical and other healthcare professionals) occasionally .	2	You have provided teaching on an ad hoc basis. You have evidence of formal feedback from these sessions.
I have provided regular teaching to students (school aged children, sixth form students, medical and other healthcare professionals) over a period of approximately THREE months or longer.	3	This includes tutoring, 1-to-1 teaching at the bedside, in a classroom or a virtual learning environment.
I have designed and organised a local teaching programme for students (school aged children, sixth form students, medical and other healthcare professionals) consisting of more than FOUR sessions and contributed regularly to teaching over a period of approximately THREE months or longer.	4	You have worked with local tutors/medical school to design and organise a local teaching programme and arrange teachers.
I have designed and organised a regional teaching programme for students (school aged children, sixth form students, medical and other healthcare professionals) consisting of more than FOUR sessions and contributed regularly to teaching over a period of approximately THREE months or longer.	5	You have worked with regional tutors/medical school to design and organise a teaching programme and arrange teachers.
I have designed and organised a national teaching programme for students (school aged children, sixth form students, medical and other healthcare professionals) of more than FOUR sessions and contributed regularly to teaching over a period of approximately THREE months or longer	6	You have worked with national tutors/more than one medical school to design and organise a teaching programme and arrange teachers.
Examples of Acceptable Evidence		
Evidence not listed may be acceptable if it can be validated		
<ul style="list-style-type: none"> • Letter confirming involvement in teaching programme from medical school/hospital/other organisation 		

- Formal teaching feedback form(s)

6. Quality Improvement Project (QIP)/Clinical Audit/ Service Evaluation and Research Projects -

Where an applicant has been involved in more than one project, points are only awarded for the project which attracts the highest score. Applicants must be aware that projects used to claim points in this domain **MUST NOT BE USED** be used to claim points in another domain. You must decide which domain you want to use your evidence. You are advised to use it in the domain that awards you the highest score.

Descriptors	Scores	Guidance
None	0	
I have participated in some stages of this project.	2	You were not involved in all stages, but you may have assisted with data collection, data analysis, suggested recommendations for change.
I have participated in the design and implementation , but I have not presented the complete results at a meeting.	3	You participated in all stages of a PDSA cycle/iterative research. If the change/action step has not been carried out but only suggestions for change created this does not constitute involvement in all stages.
I have participated in the design and implementation, AND I have presented the complete results at a meeting.	4	You participated actively through multiple steps and presented the findings but did not take a leading role in the project.
I played a leading role in the design and implementation , but I have not presented the results.	5	You had a lead role in devising the question to be asked, developing the project plan, identifying potential solutions, implementing repeated change cycles, collating the results however you have not presented your work.
I played a leading role in the design and implementation, AND I have presented the complete results.	6	

Examples of Acceptable Evidence

Evidence not listed may be acceptable if it can be validated

- Copy of QIP/Audit/service evaluation/research project presentation/poster
- Certificate of QIP/Audit/service evaluation/research project presentation
- Letter from tutor, consultant or supervisor stating level of involvement

7. Leadership and management- Where an applicant has been involved in more than one leadership or managerial role, points are only awarded for the role which attracts the highest score. Applicants must be aware that leadership positions used to claim points in this domain **MUST NOT BE USED** be used to claim points in another domain. You must decide which domain you want to use your evidence. You are advised to use it in the domain that awards you the highest score.

Descriptors	Scores	Guidance
None	0	
I hold/have held a local leadership or managerial role for SIX or more months and can demonstrate a positive impact .	3	This can be a role related to your role as a medical student (mess president) or in a non-medical capacity (voluntary charity, scouting/guides, sports, creative arts) at a local level.

I hold/have held a regional leadership or managerial role for SIX or more months and can demonstrate a positive impact .	4	This can be a role related to your role as a medical student or in a non-medical capacity at a regional level.
I hold/have held a national leadership or managerial role for SIX or more months and can demonstrate a positive impact .	6	This can be a role related to your role as a medical student (medical students committee representative- BMA, representative of a specialist society or college or a nationally held leadership and management fellowship) or in a non-medical capacity at national level.
Examples of Acceptable Evidence		
Evidence not listed may be acceptable if it can be validated		
<ul style="list-style-type: none"> • Letter confirming your appointment to a role • Letter confirming involvement in a leadership programme 		