

YHFS Strategy for Foundation teaching post COVID

We appreciate that in these exceptional times that we need to be more flexible with Foundation teaching requirements. The current situation we are in means face to face meetings will be more limited and we need to have an entrepreneurial approach to how we facilitate this. This is a proposed structure for how things could be adapted.

Constraints:

Social distancing and Trust variability in room size and IT platforms. (IT platform options being looked at by HEE)
One size will not fit all

Opportunities:

Trainees and trainers becoming much more comfortable with virtual platforms
60 hours per year teaching log
SDT for Foundation doctors
Script increased usage
Sharing best practice
Bank of teaching materials / shared regional resources

Generic support:

TPD zoom licences
HEE National website Platform (we should be able to have a YH section)
National resources e.g. East Anglia WAM <https://vimeo.com/407649011> and <https://vimeo.com/410596499>
"How to do zoom sessions" – help in how to set up virtual teaching. HEE is looking at this and further guidance to follow
Shared regional resources would need a generic platform. TBC

FY1

Lunchtime teaching- perform locally either

- 1) face to face socially distanced (+/- video link) (+/- virtual platform trust based)
- 2) virtual platform alone
- 3) online resource e.g. PowerPoint + notes/video
- 4) last resort – eLearning / eLFH

Regional teaching

- 1) in house virtual platform +/- recording for later use
- 2) Fdocs facilitated virtual platform +/- recording for later use
- 3) OMS sim training (60 days free)

FY2

Regional teaching

- 1) in house virtual platform +/- recording for later use
- 2) OMS sim training (60 days free)
- 3) Online resource e.g. EA WAM

Top tips for Zoom

Five rules for hosting virtual events

- 1) **Have a co-host:** Have at least 1 Co-Host on your call to help troubleshoot.
- 2) **Be kind to yourself:** Things will go wrong (maybe). It's ok! Have patience, experiment, relax.
- 3) **Do at least one practice run:** Get friends or family or anyone to join you in a practice round. You don't know what you don't know until you bump into a question. Troubleshooting is ESSENTIAL.
- 4) **You got this:** Just try it. It's fun!
- 5) **Do not share your link on social media:** You will get zoombombed. It's awful.