

# **Foundation Training Job Description**

| Grade      | Foundation Year 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
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| Placement  | Diabetes Endocrinology –                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|            | YHD/RCD01/001/FP1/005                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Department | Departmental information:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|            | The Department provides excellent training opportunities in general medicine as well as diabetes and endocrinology.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|            | The department looks after patients with acute diabetes related problems; major electrolyte imbalances including hypercalcemia and hyponatremia and a myriad of acute medical problems.  Emergency medical cases are admitted each day via the admissions unit. During the day the acute take has constant consultant supervision via the CATT team.  All major medical specialties have consultant cover; facilities include a stroke unit, CCU, HDU and ITU beds; CT, MRI, coronary angiography, permanent pacemaker fitting and endoscopy/bronchoscopy services are provided on site. Clinical support workers help on-call teams with venesection, ECG's ,phlebotomy etc. |
|            | Critical care outreach service support is available through the week for acutely unwell patients and ITU step down patients.  Specialist nurse teams include those for cardiology, diabetes, respiratory medicine and palliative care. In addition there are elective admissions in most specialties, and we have a day care unit that provides                                                                                                                                                                                                                                                                                                                               |
|            | planned care and arranged for dynamic endocrine tests.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |

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## Staffing in the Diabetes & Endocrine Directorate.

The medical team consists of:

- 4 Consultants
- 2 Specialist Trainees
- 1 CMT , 1 FY2 and 1 FY1
- 4 Diabetes Specialist Nurses,

Inpatient diabetes specialist nurses will support you on the wards.

### The type of work to expect and learning opportunities

To take an active part in a busy multidisciplinary team.

### **Educational Opportunities:**

- Experience in the assessment and treatment of diabetes related emergencies – eg, DKA, HHS, acute foot ulceration etc.
- Experience in managing acute electrolyte imbalances.
- To understand the working of the multidisciplinary team
- Departmental MDTs: Tuesday and Thursday 13.00 to 14.00
- X-ray meetings every Thursday 13.00 to 14.00
- Regular meetings with educational supervisor
- Clinical supervisor feedback
- Tuesday lunchtime F1 weekly teaching programme
- Hospital continuing professional development meetings, Education Centre
- Opportunity to attend Wednesday lunchtime teaching program aimed at CMTs.
- Audit meetings monthly

### Supporting professional activities

- Participate in and contribute towards the training program of colleagues, students and other health care professionals e.g. ad hoc training and supervision, tutorials and lectures.
- Keep up-to-date records to satisfy continuous professional development requirements.
- Work within the clinical governance framework as agreed within the Trust.
- Keep up-to-date with trust MEST

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| Where the placement is based                             | Ensure regular meetings with educational supervisor & timely completion of HORUS eportfolio.     Attend generic skills training programme.     It is expected that the post holder will become involved in quality improvement projects  Harrogate District Hospital                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| Educational and Clinical Supervisor(s) for the placement | To be confirmed                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Main duties of the placement                             | <ul> <li>Clinical care:</li> <li>To clerk and initiate investigation and management of acute admissions</li> <li>To provide medical cover to the wards</li> <li>To ensure their consultant's patients are reviewed daily</li> <li>To complete a comprehensive electronic discharge letter</li> <li>To attend consultant / senior ward rounds</li> <li>To attend and participate in departmental meetings</li> <li>To provide cross-cover for other medical teams if needed.</li> <li>FY1s are expected to be flexible in their working arrangements.</li> <li>Out of hours commitments and responsibilities: A 3 tier on-call system is in operation out of hours for new admissions and ward responsibilities. Tier 2 is on call 1:14 and covers admissions (during day) and ward duties (night time only). During normal hours Mon-Fri all requests for medical admissions, and initial triage and management are dealt with by an acute medicine on call team and CAT consultant.</li> </ul> |
| Typical working pattern in this placement                | See above                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Employer                                                 | Additional information  The Doctor will be entitled to Annual and Study leave in accordance with the Terms & Conditions of Service. Dates of leave must be approved by the management team at least 6 weeks in advance. The Doctor may be required to deputise from time to time for absent colleagues, and exceptionally to                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

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perform additional duties in occasional emergencies and unforeseen circumstances to ensure the safe running of the Department.

This appointment shall be governed by the Terms and Conditions of Service for Hospital Medical and Dental Staff, as amended from time to time.

The post holder is expected to adhere to Trust policies and procedures and relevant legislation including the requirements of any professional bodies attend mandatory training as identified by the Trust.

The post holder must maintain the confidentiality of information about patients' staff and Trust business in accordance with the Data Protection Act 1998 and Caldicott principles.

In order to comply with the Health Act 2006 (Code of Practice for the Prevention and Control of Health Care Associated Infections) it is the responsibility of every member of staff to prevent and control the spread of infection following the Trust's infection control policies. These are available on the intranet in the document library under clinical policies and guidelines, infection control.

The Trust has adopted an equal opportunities policy and all employees must be aware of their obligations to abide by the spirit and nature of the policy to avoid direct and indirect discrimination.

You will have a duty to familiarise yourself with the relevant Policies and Procedures, i.e.

- Health & Safety Policies
- o Risk Management Policies
- Infection Control Policies
- Data Protection and Confidentiality Policies

It is important to note that this description is a typical example of your placement and may be subject to change.

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